



YULU-BURRI-BA

Aboriginal Corporation for Community Health

JANUARY | FEBRUARY | MARCH 2026



ALL ARTWORKS SHOWN IN THIS NEWSLETTER ARE DISPLAYED WITH RESPECT AND REVERENCE. THE ARTIST IS TARYN PAUL, A PROUD QUANDAMOOKA WOMAN.

 @Yulu-Burri-Ba

 @yuluburriba

Photo Credits to Beck Johnson



OUR ACKNOWLEDGEMENT TO COUNTRY

YULU-BURRI-BA ACKNOWLEDGES THE TRADITIONAL CUSTODIANS OF THE QUANDAMOOKA LAND ON WHICH WE WORK AND FOR MANY OF US, LIVE. WE PAY OUR RESPECTS TO THE ELDERS OF THIS LAND WHO HAVE PROVIDED LEADERSHIP AND GUIDANCE FOR YULU-BURRI-BA TO MEET THE HEALTH NEEDS OF OUR COMMUNITY.

IT IS WITH PRIDE THAT WE RECOGNISE THE STRENGTH OF OUR COMMUNITY AND THE VOICE OF OUR YOUTH WHO ARE THE LEADERS OF TOMORROW.

CEO MESSAGE

DAVID COLLINS

Hi all,

We've had a very busy start to the year, and it gives me great pleasure to share these updates. There are some big changes happening at the Dunwich clinic, our GP Registrar's are settled in, Yulu-Burri-Ba has hit an important milestone with the 10-year anniversary of our Wynnum clinic, our HR department has been renamed People and Culture to reflect our genuine commitment to respecting and embedding aboriginal culture across the organisation and as always, our commitment to Closing the Gap strengthens as we grow as a business.

This quarter, we've also seen Dr Joel interviewed by QAIHC for the next edition of Sector Leader magazine, multiple staff undertake the Cultural Awareness Training with the Elders-in-Council on Minjerribah to strengthen cultural understanding, as well as multiple staff partake in training with IUIH. We've been busy with Advanced Care Yarning sessions, a farewell to Karen our HR Manager after more than 10 years of dedicated service, the appointment of Andrew Gard, our new manager for the People and Culture department and numerous other events or significant dates acknowledged.

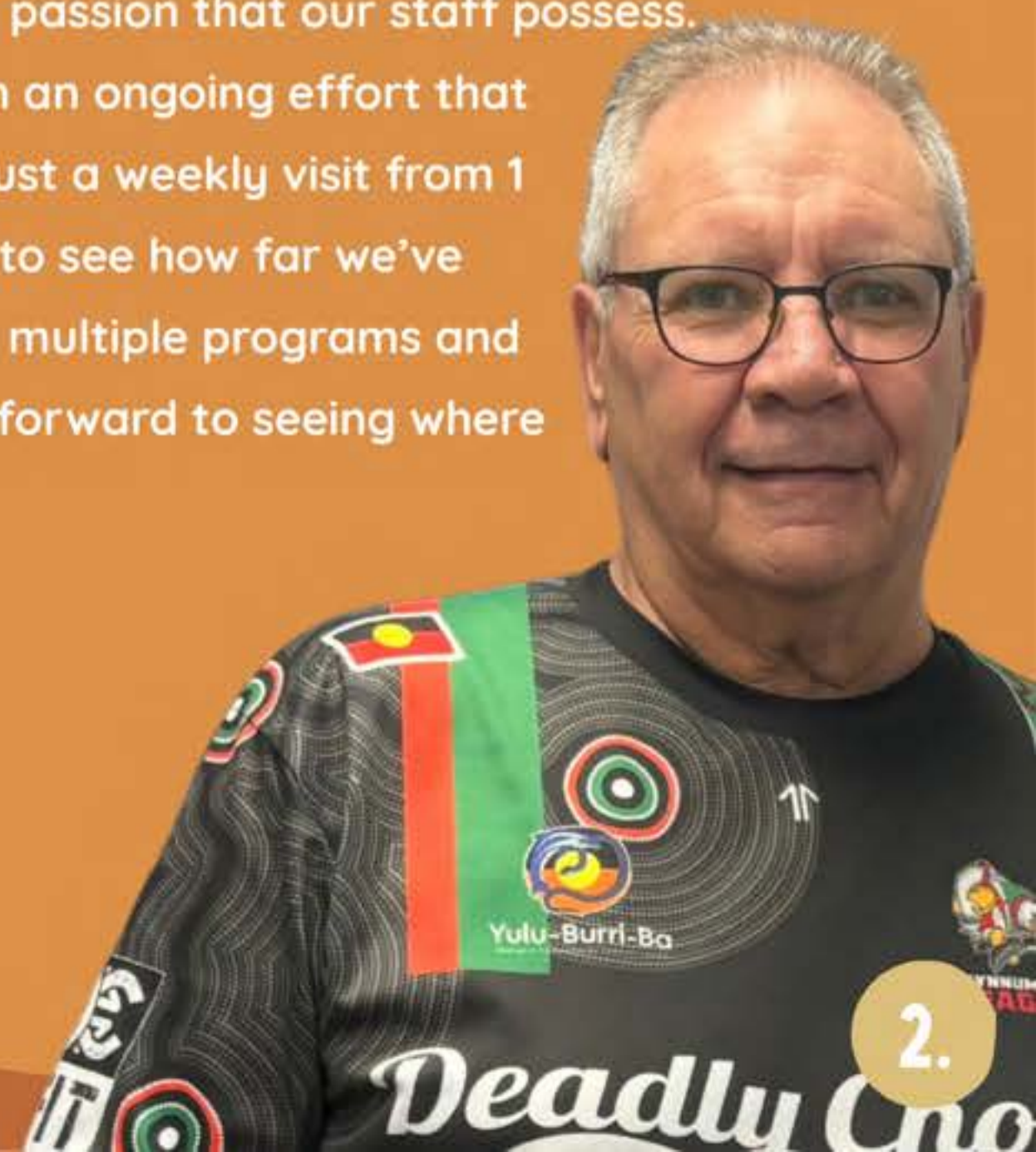
I'm very excited to announce that construction is now underway at our Dunwich clinic as we accommodate a new building to deliver Family and Support services. We expect construction to wrap up around the end of June this year. In addition to this, our Dunwich clinic is extending the operational hours. As of the 19th of March, the new opening hours are 7:15am to 5:15pm.

These updates aim to strengthen our organisational capacity as we continually strive to better serve the community. Yulu-Burri-Ba understands how important it is to receive the right type of care and at hours that suit you.

These leaps and bounds really reinforce our efforts to Close the Gap, as well as highlight the dedication, professionalism and passion that our staff possess.

Our commitment to Closing the Gap has been an ongoing effort that began in 1984 when Yulu-Burri-Ba began with just a weekly visit from 1 doctor and nurse at the Dunwich Hall, Minjerribah; to see how far we've come today, now servicing 3 catchment areas, with multiple programs and services accessible to over 7000 of our mob; I look forward to seeing where we will go.

David Collins
Chief Executive Officer



A NEW BUILDING TO DELIVER FAMILY AND SUPPORT SERVICES

Our deadly clinic on Straddie is being extended to accommodate a new building which will deliver Family and Support Services! Construction is estimated to be completed on 30th of June, 2026.



We are also extending the Dunwich clinic operating hours from 7:30am - 4:00pm to **7:15am - 5:15pm**, effective **19th of March**.

This means we will now have the capacity to see more patients each day, and our doctors will be able to see you sooner with a less congested calendar.

Social Health

STRENGTHENING SOCIAL & EMOTIONAL WELLBEING

Are you or someone you know facing mental health challenges, struggling with relationships, or experiencing general social difficulties?

Reach out to our social health team for a yarn. We provide support to enhance your overall wellbeing through a holistic approach.

Our Social health team can help people who require assistance in the following areas:



Mental Health



Social and Family Support



Substance Abuse and Addiction



Homelessness/Housing



Domestic and Family Violence



Community Support

Accessing Our Services



You can access our support through two pathways:

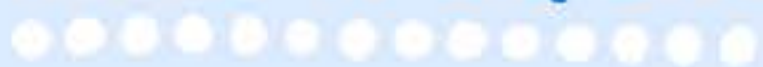
GP Referral

Book an appointment with a Yulu-Burri-Ba GP and request a referral to our Social Health team. Our team will be notified promptly and guide you through the process.

Self-Referral

Visit our clinic reception and request an appointment with a Case Manager. We are here to accommodate your needs and get you the support you deserve.

What to expect:



Seeking support from our Social Health team is completely cost-free.

Our dedicated Case Manager will reach out to you as soon as possible to schedule an initial consultation, addressing your immediate concerns and paving the way for improved emotional health and overall well-being.

MEET OUR NEW GP REGISTRARS!

Yulu-Burri-Ba is incredibly proud to have welcomed and farewelled many brilliant, compassionate doctors through our GP Registrar Program. We have a strong history of supporting GP Registrars who go on to work at Yulu-Burri-Ba as fully qualified General Practitioners.

Doctors such as Dr Anil, Dr Sofia, Dr Frank, Dr Mika, Dr Joel and Dr Amy all began their careers with Yulu-Burri-Ba as GP Registrars, and we are proud to see what outstanding doctors they have become. We hope to continue this tradition in the future whenever possible.

For many years, Yulu-Burri-Ba has been providing specialised General Practitioner (GP) training through our GP Registrar Program. Our Registrars have the opportunity to work in a busy, yet supportive environment focused on improving the lives of our community.

Our GP Registrars receive an excellent opportunity to work in a dynamic, yet supportive environment that prioritizes improving the lives of the people we serve.

What is a GP Registrar?

- A GP Registrar is a fully qualified medical doctor who has studied at university and obtained a medical degree.
- They have completed a 1-year internship at a recognized hospital, rotating through different departments.
- Following general registration with the Medical Board of Australia, they complete 1-2 additional years of training as a Resident before entering a specialist GP training program.
- In the Specialist GP Registrar training program, they undergo at least 2 years of advanced training to specialize in General Practice.
- Once GP Registrars complete their final exams, they become fully qualified General Practitioners.



Dr Angel Low

I have a broad interest in general practice, particularly in child health, women's health, chronic disease management, skin cancer management, and dermatology. I value the continuity of care that general practice provides and enjoy building long-term therapeutic relationships with patients to support their ongoing health needs. I'm excited to join the YBB team and become part of its strong community and network. I'm committed to providing high-quality, holistic healthcare and contributing to YBB's dedication to culturally safe, community-led, and patient-centred care within the Aboriginal and Torres Strait Islander community. Outside of work, I enjoy rock climbing, hiking, stand-up paddleboarding, and travelling. I also value spending quality time with friends and family.

Dr David Cooper

I enjoy all areas of general practice but have a specific interest in child and adolescent health, musculoskeletal injuries and sports medicine, and wound management. I am excited to work with and learn from YBB's patients and provide care to the community. I enjoy running, bush walking, and playing guitar (poorly).



MEET OUR NEW MANAGER FOR THE PEOPLE AND CULTURE DEPARTMENT!



We are pleased to introduce our new manager for the People and Culture department! Andrew is a proud Ewamian man who brings more than 20 years experience supporting organisations in workforce strategy, organisational risk and accountability.



As Andrew steps into this new role, we bid Karen a farewell. Karen has been such an integral part of Yulu-Burri-Ba for over a decade and will be leaving behind a legacy of excellence and warmth. Her dedication, kindness and unwavering commitment will truly be dearly missed by everyone here and we wish her all the best in her retirement.



Our very own **Dr Joel** has been interviewed by QAIHC for the next edition of the

Sector Leader



Magazine! Getting his valuable insights on community-controlled health care, working in a remote location, health equity, Closing the Gap & the how's and why's of his journey. His story proving to be very inspirational and encouraging for the next generation of Indigenous doctors!



INDIGENOUS SENIOR GAMES TRAINING TRIAL DAY

ON THE 6TH OF FEBRUARY WE HELD A DEADLY SENIOR GAMES TRAINING TRIAL DAY AND WERE BLOWN AWAY BY THE TURN OUT, WAS REALLY GREAT TO SEE SOME NEW FACES! MOB CONNECTING FOR A DAY OF GAMES, BBQ, MERCH GIVEAWAYS, TEA & COFFEE, YARNS WITH THE LOCAL AMBULANCE TEAM

THE SEASON HAS OFFICIALLY STARTED AND TRAINING WILL BE HELD AT THE DUNWICH HALL - EVERY FRIDAY - 9:30AM TILL MIDDAY



INDIGENOUS SENIOR GAMES TRAINING TRIAL DAY



10 Year Anniversary to our Wynnum Clinic!

In 2016 we opened our Wynnum Clinic - 2026 marks 10 years of providing service in this catchment area!

At Yulu-Burri-Ba Wynnum, we provide high-quality, culturally safe healthcare for mob in a welcoming environment. Our team values connection, community trust, and genuinely cares for each patient.

We've listened to community feedback and extended our opening hours, with weekly Saturday and regular walk-in clinics improving access. We're also now offering on-site dental services through a portable dental chair, supporting better oral health for our community.

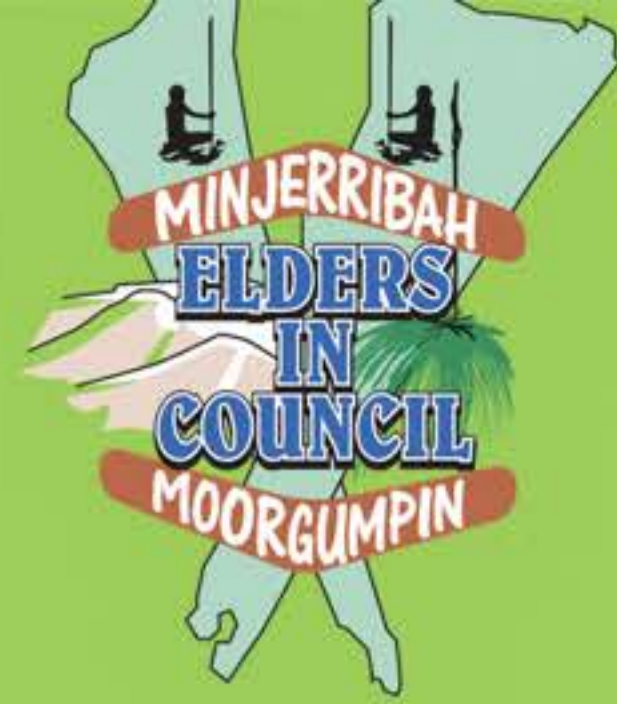
Health education and promotion remain a core focus. Throughout the year, we've been proud to participate in key community events such as NAIDOC Week, breast screening initiatives, R U OK? Day, and more. Our popular Women's Group, held every second Monday, continues to provide a supportive space for connection, learning, and wellbeing.



2025 Achievements



CULTURAL AWARENESS TRAINING



In February, some of our staff from across the organisation went through Cultural Awareness Training with the Elders-in-Council on Minjerribah.

“This training provides participants with a deeper understanding of how to engage respectfully with First Nations People, explore key historical events and their ongoing impacts, and hear directly from Elders about culture, protocols and ways of being.

Through guided, on-Country learning, participants gain insight into Traditional Owner knowledge systems, including cultural and natural resource management, languages and traditions of the Goenpul (Goren-pul), Ngugi (Noog-ee) and Noonuccal (Noo-knuckle) peoples of the Quandamooka region.” - Minjerribah Moorgumpin Elders in Council

Scan QR Code to view
Minjerribah Moorgumpin
Elders in Council
Aboriginal Corporation
website.



Close the Gap Day

March 19 2026

National Close the Gap Day was observed on March 19th this year - a day which acknowledges the health and life expectancy gap between Aboriginal and Torres Strait Islander peoples and non-indigenous Australians.

As Yulu-Burri-Ba grows, we have always had a deep and ongoing commitment to closing the gap in our areas.

One of the ways we aid in increasing life expectancy is early detection of disease or illness by getting a Health Check!

Early detection often means that treatment is more successful and is a more proactive approach to health, rather than reactive.

**Call your local clinic to book a Health Check!
Let's Close the Gap!**

 **Wynnum**
(07) 3164 5800

 **Dunwich**
(07) 3409 9596

 **Capalaba**
(07) 3900 7800

Our commitment to Closing the Gap has been an ongoing effort beginning when the Quandamooka elders lobbied the Government to fund access healthcare on the island.

1984 Yulu-Burri-Ba began with 1 doctor and 1 nurse making weekly visits to the Hall at Dunwich, Minjerribah

2009 IUH was established

2011 Capalaba Clinic opened

2016 Wynnum Clinic opened

2017 Family Well-Being services implemented

2020 Jajum Bajara Program implemented (In Jandai Language Jajum means child/bub and Bajara means footsteps - the name representing bub's journey and how the community guide them)

2022 The Family Services team move into their own building at Capalaba

2023 Kinship and Foster Care Program implemented - now known as Bara Ganya (In Jandai Language meaning 'Safe Home')

2023 Yulu-Burri-Ba established their own Deadly Choices team

2024 Capalaba clinic hours extended

2026 Dunwich clinic extension and extended hours

STRADDIE ELDERS ARE GETTING THEIR FLU SHOT!



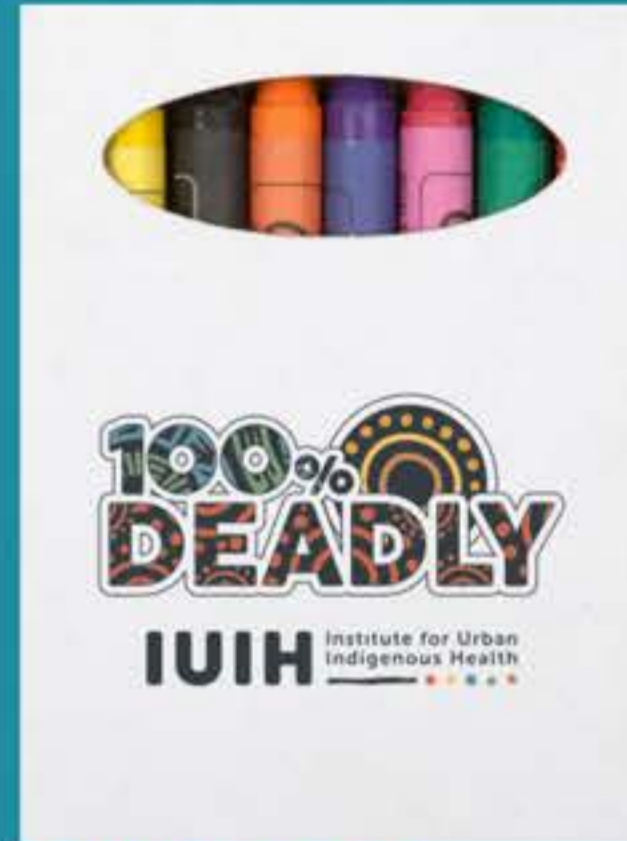
**Are you 100% Deadly?
Protect your mob by
getting the flu shot.**

**Flu vaccination can
reduce the risk of flu-
related illnesses by
40% to 60%,
preventing hundreds
of thousands of
hospitalisations and
tens of thousands of
deaths each flu
season.**

GET A FREE...



BUBBLES



CRAYONS



TOTE BAG



SOCKS



WATER BOTTLE

AFTER YOUR VACCINE!

QLD NASAL SPRAY FLU IMMUNISATION

PROGRAM OFFERED TO JAJUMS

*Check with clinic stock availability



The nasal spray influenza vaccine given as a quick, painless spray into the nose. No needles are used.

The Queensland Nasal Spray Flu Immunisation Program will be offered in 2026 for all children aged 2 to 5 years. This eligible age group has been prioritised because they are at higher risk of flu complications and readily spread flu to others. The Queensland Government is providing the nasal spray influenza vaccine for free to eligible children.

The nasal spray influenza vaccine contains tiny amounts of weakened flu viruses that does not cause influenza disease but rather builds protection by mimicking a natural infection to stimulate the body's immune response. The spray is absorbed quickly in the nose, so even if a person sneezes afterwards, it will still work.

Although this vaccine will become available for the first time in Australia in 2026, this vaccine has been given to millions of children in the Northern Hemisphere (mostly in the United Kingdom and the United States of America) over the last decade.

All medicines, including vaccines can have side effects. Some children may develop a runny or blocked nose, mild headache, tiredness or reduced appetite. These effects are mild and short-lived, especially compared with having influenza itself. Serious side effects, such as anaphylaxis are very rare.

Some children with certain medical conditions may be recommended the injectable flu vaccine rather than the nasal spray influenza vaccine. Immunisation providers will be able to advise on which vaccine is recommended. The nasal spray influenza vaccine is not recommended or registered for children under 2 years of age.

JAJUM BAJARA FOOD RECIPE

ONE POT CREAMY CHICKEN PASTA

MAKES: 4 SERVINGS

AGE: SUITABLE FOR 10+ MONTHS

INGREDIENTS

- 2 diced chicken breasts
- 2 teaspoon paprika
- 2 teaspoon oregano
- 2 tbsp minced garlic
- 400g crème fraîche
- 1 tablespoon unsalted butter
- 2 tablespoon olive oil
- 4 cups chicken stock
- 1 packet pasta
- 1 finely diced onion
- 1 ½ cup grated broccoli
- Parmesan
- Salt & Pepper



METHOD

1. Season diced chicken with 1 teaspoon paprika & oregano (saving the remaining spices for step 4). Heat large pan with olive oil and cook chicken until golden brown, then remove the chicken.
2. Using the same pan, melt the butter and sauté the onion and garlic until soft and smelling delicious.
3. Add the uncooked pasta and chicken stock, cover with a lid and simmer for 10 minutes or until pasta is soft, stirring halfway.
4. Stir in crème fraîche, grated broccoli, cooked chicken and remaining spices, adding salt and pepper.
5. Simmer for a couple of minutes until sauce thickens.
6. Serve warm with grated parmesan.

OVARIAN CANCER AWARENESS LUNCH

On the 23rd, 24th and 25th of February, each of our clinics hosted a deadly lunch to help spread awareness about ovarian cancer, its symptoms and the importance of early detection and treatment.

Each year in Australia around 1,900 women are diagnosed with ovarian cancer. In most cases the cancer will be diagnosed at an advanced stage, where it is very difficult to treat.

OVARIAN CANCER SIGNS & SYMPTOMS

- Unexplained fatigue
- Unexplained weight gain or loss
- Changes in bowel habits, such as constipation
- Increased abdominal size or persistent abdominal bloating
- Abdominal or pelvic (lower tummy) pain
- Appetite loss, feeling full quickly or indigestion
- Urinary changes, such as frequency or urgency





centrelink

Don't forget, your local Straddie Centrelink office is Yulu-Burri-Ba Aboriginal Corporation for Community Health

-  16 Dickson Way, Dunwich 4183
-  Weekdays
-  9:00am - 3:30pm
-  (07) 3409 9596

Have you recently changed your name, number, address Medicare card or health care card?

If you have, it's so important you update this information with your clinic and Centrelink! We need your information to be correct and current to ensure we can give you the best care possible! Call your clinic and let them know about any changes straight away!



ARE YOU LOOKING FOR A CAREER WITH YULU-BURRI-BA?



Are you a highly motivated and passionate individual looking for a career in health? Yulu-Burri-Ba Aboriginal Corporation for Community Health have many different career pathways and would love to hear from you!



Scan the QR Code to view career opportunities on the SEEK website

RUSSELL ISLAND COMMUNITY DAY



ON THE 24TH OF MARCH, YULU-BURRI-BA, DEADLY CHOICES, IUIH STUDENTS, QLD AMBULANCE SERVICE & FIRE SERVICE, WENT TO RUSSELL ISLAND STATE SCHOOL TO FACILITATE A DAY OF PROGRAMS, PRIZES, EDUCATION, TRADITIONAL GAMES, A BBQ LUNCH AND MORE.

THE EVENT WAS A GREAT SUCCESS, EMBEDDING CULTURAL LEARNING WITH ENGAGING ACTIVITIES, AS WELL AS TEACHING THE SCHOOL KIDS ABOUT HEALTH AND SAFETY SERVICES.



ADVANCED CARE YARNING

On Wednesday the 11th of March, our Dunwich clinic hosted a morning tea and community information session to educate around advanced health directives, enduring power of attorney and statement of choices

Yarning about your future health care wishes and choices can keep you feeling in control and comfortable through the cycle of life. These forms are available for all ages and are important to have in place.



For more info scan the QR Code



WORLD ORAL HEALTH DAY

ON FRIDAY THE 20TH OF MARCH WE INVITED PATIENTS TO COME DOWN TO THE CAPALABA CLINIC FOR A YARN ABOUT DENTAL HEALTH!

A HEALTHY SMILE MAKES EVERY DAY BETTER, AT EVERY AGE. EAT LESS SUGAR, BRUSH TWICE A DAY WITH FLUORIDE



WORLDORALHEALTHDAY.ORG

MELANOMA MARCH



Melanoma March is an annual event that focuses on increasing awareness of melanoma—a serious form of skin cancer that can be deadly if not detected early. The movement encourages regular skin checks and advocates for better education on sun safety, early detection, and preventive measures. Melanoma accounts for 10% of all cancers.

Book an appointment with your local clinic to have a yarn about getting a skin check!



SLIP on a shirt



SLOP on some sunscreen



SLAP on a hat



SEEK shade



SLIDE on some sunnies

Protect yourself in five ways from skin cancer.



Cancer Council

WHAT'S

COMING

UP...

MAY

- 6th World Asthma Day
- Heart Week and Lung Health Awareness Month
- 21st Australia's Biggest Morning Tea
- 22nd - 28th Palliative Care Week
- 26th National Sorry Day
- 27th 1967 Referendum Anniversary
- 27th - 3rd National Reconciliation Week
- 31st World No Tobacco Day

APRIL

- 2nd World Autism Day
- 18th Deadly Choices Netball Carnival
- Vacation Programs

JUNE

- Bowel Cancer Awareness Month
- 3rd Mabo Day
- 6th - 14th Men's Health Week
- 24th - 28th Beanies for Brain Cancer

LGBTQI+

SIGNIFICANT DATES OF IMPORTANCE 2026

YULU-BURRI-BA IS STRONGLY COMMITTED TO BEING INCLUSIVE OF ALL SEXUAL ORIENTATIONS, GENDER IDENTITIES AND INTERSEX VARIATIONS; TO ENSURE EVERY MEMBER OF OUR COMMUNITY FEELS SAFE, ACCEPTED AND VALUED WHEN THEY ACCESS OUR SERVICES AND PROGRAMS

- 31st of March - Transgender Day of Visibility
- 26th of April - Lesbian Visibility Day
- 17th of May - International Day Against LGBTQIA+ Discrimination
- 24th of May - Pansexual Awareness & Visibility Day
- 28th of May - LGBTQIA+ Domestic Violence Awareness Day
- June - Pride Month
- 14th of July - International Non-Binary People's Day
- 25th of August - Wear It Purple Day
- 16th - 23rd of September - Bisexual Awareness Week
- 23rd of September - Bisexual & Biromantic Visibility Day
- 8th of October - International Lesbian Day
- 11th of October - National Coming Out Day (Aus)
- 15th of October - International Pronouns Day
- 26th of October - Intersex Awareness Day
- 20th - 26th of October - Asexual Awareness Week
- November - Trans Month (Aus)
- 8th of November - Intersex Day of Remembrance
- 13th - 19th of November - Trans Awareness Week
- 20th of November - Trans Day of Remembrance
- 1st of December - World AIDS Day

***What can we do
to improve?***

***What do you think
is gammin?***

***What are the things we
already do that you think is
Deadly?***

Yulu-Burri-Ba strives to provide the best service to the community. Incorporating your feedback is an important aspect that provides us with the information we need to better our services. We take all of our feedback, whether negative or positive, very seriously.

Scan the QR Code and leave
us feedback!



WHERE TO FIND US



Dunwich

16 Dickson Way Dunwich, QLD 4183
Phone: (07) 3409 9596



Capalaba

Shop 2&3/1 Finucane Road
Capalaba QLD 4157
Phone: (07) 3900 7800



Wynnum

85 Edith Street
Wynnum, QLD 4178
Phone: (07) 3164 5800



Bara Ganya

7A/39 Old Cleveland Road
Capalaba, QLD 4157
Phone: (07) 3900 7870



Family Services Hub

Shop 2 & 3, 1B Finucane Road,
Capalaba QLD
PHONE (07) 3900 7880