

 @Yulu-Burri-Ba

 @yuluburribba



YULU-BURRI-BA

Aboriginal Corporation for Community Health

September|October|November|December 2025

Photo Credits to Beck Johnson

OUR ACKNOWLEDGEMENT TO country

Yulu-Burri-Ba acknowledges the Traditional Custodians of the Quandamooka land on which we work and for many of us, live. We pay our respects to the Elders of this land who have provided leadership and guidance for Yulu-Burri-Ba to meet the health needs of our community. It is with pride that we recognise the strength of our community and the voice of our youth who are the leaders of tomorrow.

CEO MESSAGE

DAVID COLLINS



Hi all,

As we step into 2026, I want to take a moment to reflect on the progress we've made together and look ahead to what's shaping up to be an exciting period of growth for Yulu-Burri-Ba. Over the past year, our teams across the organisation have delivered strong outcomes for our community:

- **Health checks:** 2,917 across all clinics
- **Jajum program:** 104 babies born between July 2024 and June 2025
- **Social Health:** 732 clients supported, with 382 clients engaged in case management
- **Bara Ganya program:** 60 children supported, with 7 successful reunifications to mother or father
- **Family Wellbeing:** 71 families supported, representing 245 children

Our health promotion and wellbeing programs also continued to engage our community:

Deadly Choices:

- **Deadly Choices Fit** – 34 participants
- **Good Quick Tucka** – 35 participants
- **Tobacco Education** – 19 participants
- **Healthy Lifestyle Programs** – 12 participants
- **Traditional Indigenous Games** – 51 participants

The start of the year brings renewed energy and focus, and I'm proud of the strong foundations we continue to build as an organisation. One of the most significant developments ahead is the new building on NSI, which will include a dedicated family area.

We are also focused on strengthening and expanding our current programs through to 2026. We continue to deliver high-quality, holistic services that respond to the needs of our community, now and into the future.

I'm pleased to welcome our new General Practitioner Registrars, who are joining our team this year. Their addition strengthens our clinical capacity and supports our commitment to growing a skilled, sustainable workforce that delivers continuity of care for our clients.

None of this progress would be possible without the dedication, professionalism, and passion of our staff. Your work each day makes a real difference in the lives of the people and families we serve.

As we move forward together, we remain focused on growth, collaboration, and delivering the best possible outcomes for our community. I look forward to another year of working alongside you all as we continue this important journey.

Thank you for your continued commitment and support.

David Collins

Our visit from Dr Sarah!

Hi everyone! I'm a family physician (Canadian equivalent of a GP) in Yellowknife, Northwest Territories in the subarctic far north region of Canada, where we serve a largely indigenous and very diverse population. I am also President of the College of Family Physicians of Canada, the organization that sets standards for and represents 47,000 family doctors in Canada.

I was in Brisbane for the RACGP GP25 conference as an international delegate (our health systems have much in common and so we have lots to learn from each other). A chance encounter with Dr. Aaron Chambers led to him connecting me with Claudia Collins. I described my background and work in indigenous health, and she was able to arrange this visit very last minute.



I had the tremendous privilege today of visiting Yulu-Burri-Ba Aboriginal Corporation for Community Health on Minjerribah (North Stradbroke Island, off the coast of Brisbane).

Given the nature of my clinical work in the far north of Canada serving a largely Indigenous population, and the difficult colonial parallels and consequences shared by our two countries, I was truly grateful for the opportunity to visit and learn.



Yulu-Burri-Ba

Aboriginal Corporation for Community Health



Yulu-Burri-Ba is **“responsible for providing a safe, friendly, confidential and culturally appropriate Aboriginal and Torres Strait Islander primary health care service in line with community needs.”** Their model of wraparound care intentionally integrates healthy living supports, preventive care, medical care, and social/family services all in one place. The Board is made up of community members. Common lessons from opposite sides of the planet:

 Primary care services are strongest when designed by the community they serve.

 Medical care is only one part of primary care

 It takes a team- people with different skills and scopes, working collaboratively - to truly meet community needs.

 We do this together: Indigenous and non-Indigenous partners each play a role in strengthening community health.

This visit came about thanks to a chance encounter with Dr. Aaron Chambers at The Royal Australian College of General Practitioners (RACGP) 's hashtag #GP25, and his generosity in making connections.

Though it was very last minute, the staff generously welcomed me with a tour, a presentation, and of course, many photos. Big thanks to Dr. Sofia Bernadi , Dr. Joel Wright, and the whole wonderful team at Yulu-Burri-Ba!

Thanks again Sofia!

Sarah



QUANDAMOOKA FESTIVAL

13TH- 14TH SEPTEMBER 2025

OUR TEAM HAD A GREAT WEEKEND AT THE QUANDAMOOKA FESTIVAL, HEAPS OF CULTURE, FOODS, DANCING, ARTWORKS, LIVE MUSIC AND MORE!

IF YOU DIDNT GET THE CHANCE TO ATTEND, CHECK OUT THE QUANDAMOOKA FESTIVAL FACEBOOK PAGE FOR SOME DEADLY PHOTOS AND VIDEOS FROM THE DAY!

WILL WE SEE YOU NEXT YEAR?



REDLANDS HOSPITAL ARTWORK!

Our very own staff member Taryn Paul has her artwork up in the Maternity ward at Redlands hospital. Her artwork represents her journey as a mother and her support she received with our Jajum Bajara team and the staff at the Redlands hospital.

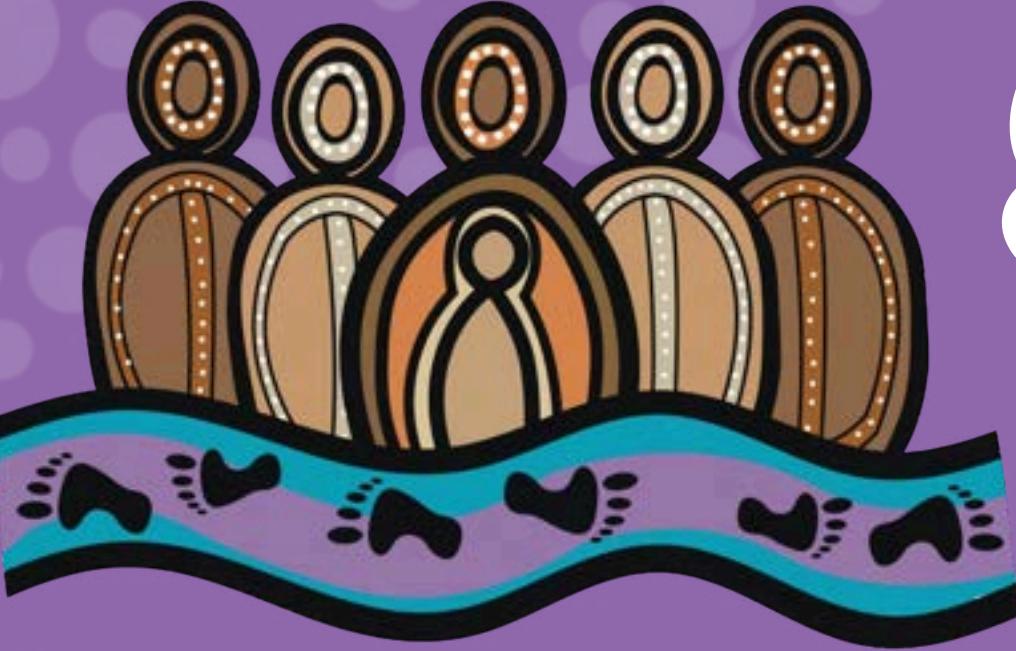
Next time you're at the hospital, pop in and see her artwork proudly presented in the ward.



TARYN AND HER DEADLY MIDWIFE SHAE

TARYN AND HER JAJUM





Support & Referrals We Provide

General Support

CONDUCTING INTERVIEWS & ASSESSING CHALLENGES FOR MUMS, JAJUMS AND THE FAMILY.

SECURING PROOF OF ABORIGINALITY & OTHER FORMS OF IDENTIFICATION.

COMPLETING APPLICATIONS & ADVOCACY.

HELP TO GAIN LEARNER'S AND REFERRALS FOR DRIVING LESSONS

DEVELOPING SUPPORT PLANS & GOAL SETTING.

DEVELOPING SKILLS & RESOURCES NEEDED TO ENHANCE THE FAMILY'S WELLBEING & SOCIAL FUNCTIONING.

Financial Support

EMPLOYMENT & TRAINING ADVICE.
HOUSING REFERRALS & EMERGENCY ACCOMMODATION.

SUPPORT TO ACCESS JAJUM GOODS.

BUDGETING & GRANTS.

NAVIGATING SPER AND PAYMENT PLANS.

ASSISTING MUMS & JAJUMS IN RECEIVING SERVICES BY PHONE & IN PERSON.

Physical & Social Health Support

REFERRALS TO HEALTHY ACTIVITIES & LIFESTYLES, INCLUDING DEADLY FIT MUMS

PROVIDING REFERRALS TO OTHER THERAPY & SOCIAL HEALTH ASSISTANCE.

PROVIDING REFERRALS TO OTHER THERAPIES, BIOC DV SPECIALIST TEAM & SOCIAL HEALTH ASSISTANCE

Jarjam Bajara food recipe



Choc-chip Banana Muffins! Makes 12

Ingredients:

- 2 cups self-raising flour
- ½ cup caster sugar
- 60g butter
- ½ cup milk
- 2 eggs
- 2 ripe bananas mashed
- 1 cup (200g) dark chocolate bits



Method:

1. Preheat oven to 200c or 180 c fan-forced
2. Sift flour into mixing bowl, stir in sugar, make a well in the center of dry ingredients
3. Melt butter in a small saucepan or heat-proof bowl in microwave. set aside to cool slightly
4. Add milk, eggs and butter to dry ingredients along with mashed banana. using a wooden spoon, gently mix ingredients until just combined. stir in choc bits- don't beat the mixture or the muffins will be tough.
5. Line a muffin tray with paper cases, spoon the mixture evenly into the muffin cases. bake for 20 min or until firm on top when lightly touched.
6. Leave in tray for 3 min, transfer the muffins to rack to cool.



just
BAKED

Social Health

Strengthening Social and Emotional Wellbeing

Are you or someone you know facing mental health challenges, struggling with relationships, or experiencing general social difficulties?

Reach out to our social health team for a yarn. We provide support to enhance your overall wellbeing through a holistic approach.

Our Social health team can help people who require assistance in the following areas:



Mental Health



Social and Family Support



Substance Abuse and Addiction



Homelessness/Housing



Domestic and Family Violence



Community Support

Accessing Our Services



You can access our support through two pathways:

GP Referral: Book an appointment with a YBB GP and request a referral to our Social Health team. Our team will be notified promptly and guide you through the process.

Self-Referral: Visit our clinic reception and request an appointment with a Case Manager. We are here to accommodate your needs and get you the support you deserve

What to expect:



Seeking support from our Social Health team is completely cost-free.

Our dedicated Case Manager will reach out to you as soon as possible to schedule an initial consultation, addressing your immediate concerns and paving the way for improved emotional health and overall well-being.

Mental Health Week

4th-12th October 2025

Mental Health Week encourages all of us to think about our mental health and wellbeing, regardless of whether we may have a lived experience of mental illness or not, and encourages help seeking behaviours, when needed.

The week also gives us the opportunity to understand the importance of mental health in our everyday lives. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make choices.

Seeking support from our **Social Health team** is completely **cost-free**. Our dedicated Case Manager will reach out to you as soon as possible to schedule an initial consultation, addressing your immediate concerns and paving the way for improved emotional health and overall well-being. Call your local YBB Clinic today!

If you need to speak with somebody urgently, please reach out to:

13YARN (24/7) 13 92 76

Lifeline (24/7) 13 11 14

Suicide Call Back Service (24/7) 1300 224 636

DV Connect (24/7) 1800 811 811

OUR YOUNG AND DEADLY ACHIEVING GREAT THINGS!

Six of our Deadly young clients have been selected into Representative teams, here are the six deadly players and their journeys!

Under 14 boys QLD Murri Team

Kyden Lane Williams with his Nan Susan Williams
Kyden has been playing Rugby League since the age of 7, he has been a Wynnum Manly Seagulls Junior from under 8's to present day. Kyden plays Rugby League because he loves the sport, loves making new friends and building connections within his team. Kyden says his family are his inspiration, inspiring him to be a great man on and off the field as well as supporting his hopes and dreams of one day playing in the NRL.



Under 14 Girls QLD Murri Team

Harper Smith - is a 14 year old Gomeroi and Kooma woman making her mark in Rugby League. Harper began her footy journey at 8 years of age playing for Wynnum Juniors, playing with and against the boys until the age of 13 when she had to play in the all-female competition. Her talent and hard work haven't gone unnoticed, a testament to her dedication, skill and potential Harper has recently received player of the carnival for the under 14 Girls at the 2025 QMC Carnival.



Also earning selection in the QLD Murri Team along with several other Representative Teams. Harper is currently part of the Broncos Talent Academy. Driven by her deep connection to family Harper remains focused and grounded, balancing both her education and sporting commitments. These strong foundations inspire her biggest dreams – to one day run out in the Indigenous All Stars match and play in the NRLW.

Australian Jilleroos Squad

Keilee Joseph - 2025 NRLW Premiership Winner with her BRONCOS team
Keilee is a current Indigenous All Star, QLD State Of Origin and an Australian Jilleroo player, recently receiving selection to represent Australia for the upcoming 2025 Pacific Championships. Keilee began playing rugby league with Waterford JRLFC in 2013 aged 11 years, with and against boys, unlike today in 2013 it wasn't as common for girls to play footy.



Keilee was one of the first group of girls to take part in Australia's first ever All-Female Rugby League Excellence Program introduced at Mabel Park SHS. Keilee is fortunate to have had a consistent pathway from playing juniors right through to seniors with many Representative opportunities afforded that not too long ago were not available to young ladies.



Under 18 Girls QLD Murri Team

KC Campbell – many will know KC as a member of our YBB Deadly Choices Team

KC began playing footy aged 6 at Straddie Sharks and later for Wynnum Manly Seagulls where she continues to play today. KC was recently awarded Best and Fairest for the Wynnum Manly Seagulls Women's Reserve Grade. KC says her family are her inspiration to be the best possible version of herself. Isabelle Kelly from the Sydney Roosters is her favourite NRLW player.

But it is local talent and current Premiership winning Easts Brisbane Rugby League BMD player Kelsey Parkin who is the role model KC looks up to, KC says “Kelsey provides inspiration for me to push myself to be the best player I can be” KC hopes and dreams to one day play in the NRLW.



Under 16 Boys QLD Murri Team

Scotty Henry – Received the 2025 Perpetual Club Captain award for the Wynnum Manly Junior Seagulls and was selection into the 2025 QMC Murri Carnival team

Scotty has been playing Rugby League for Wynnum Manly Junior Seagulls since the age of 6 after watching Johnathan Thurston on tv he recognised the aboriginal flag on his mouthguard and said “see him, I want to do that”

Scotty still wears an aboriginal flag mouthguard today. Scotty loves the Brisbane Broncos and follows many of the players stories. The mateship Scotty has developed inspires him to always give his best and consistently strive to improve himself, he is a humble team player who works hard for his team, club, culture and to make his parents proud.



Under 14 Girls QMC Murri Carnival Team

Allyarna Joseph has been playing Rugby League with Waterford Demons JRLFC since the age of 6, she played with and against the boys until under 12's, at 12 each week she played in the mixed team and also in the SEQ All Female competition. Allyarna is in the Ruby League Excellence Program at Mabel Park and is in the Broncos Talent Academy, she works hard on and off the field to better herself.

She was fortunate to make Representative teams in 2023, unfortunately she suffered a serious season ending broken leg in 2024. To see her come back this season following her injury is a testament to her determination. Allyarna's favourite NRLW players are her sister Keilee, Tamika Upton and Tarryn Aiken.

CAREER TRACKS

Looking for a career in Health?

An Aboriginal Health Service is a great place to start - working in
Community for Community!



At Yulu-Burri-Ba we have experienced staff to mentor, guide and supervise your vocational education journey.

Be the difference and help your Community to close the gap on health issues that can affect our families.

If you are interested contact our Human Resource's Employment Transition Mentor, **Margie Grenfell** to find out more school-based traineeship in our clinics.

Via either:

hr@ybb.com.au or P: 3409 9596





Bara Ganya

‘Safe Home’

Our Kinship and Foster Care program has a new name, **Bara Ganya**, which means ‘Safe Home’ in Jandai Language.

**CHECK OUT OUR 2024-2025
ANNUAL REPORT!**



**Scan the QR Code to see
our new Annual Report!**

JAI BURNS TOUCH FOOTBALL EVENT!

15/11/2025

ANOTHER DEADLY DAY FOR THE JAI BURNS MEMORIAL TOUCH FOOTBALL EVENT. THANK YOU TO EVERYONE WHO ATTENDED, PLAYED AND WORKED ON THE DAY TO CREATE A WONDERFUL EVENT.

SEE YOU ALL NEXT YEAR!



Movember

What is Movember?

The Movember Foundation was founded in Melbourne, Australia in 2003, and it runs countless Movember charity events worldwide throughout the year.

The Foundation's most famous event is the Movember campaign, which is an annual event where men grow out their moustaches throughout November. The objective of the Movember campaign is to promote support for, and improve, men's health.

BREAST CANCER AWARENESS MONTH!

Breast Cancer Awareness Month, observed every October, is a global campaign aimed at increasing awareness, education, and support for breast cancer prevention and treatment.

If you are aged **50-74**, get your **free** breast screen done every **two years**. BreastScreen Australia offers free breast screening for women without symptoms aged 50-74, when screening has the greatest potential to prevent deaths from breast cancer.

Women aged 40-49 and 75 years and older who have no breast cancer symptoms or signs are also eligible for free screening mammograms. For more details contact BreastScreen on **13 20 50** or visit www.cancerscreening.gov.au.

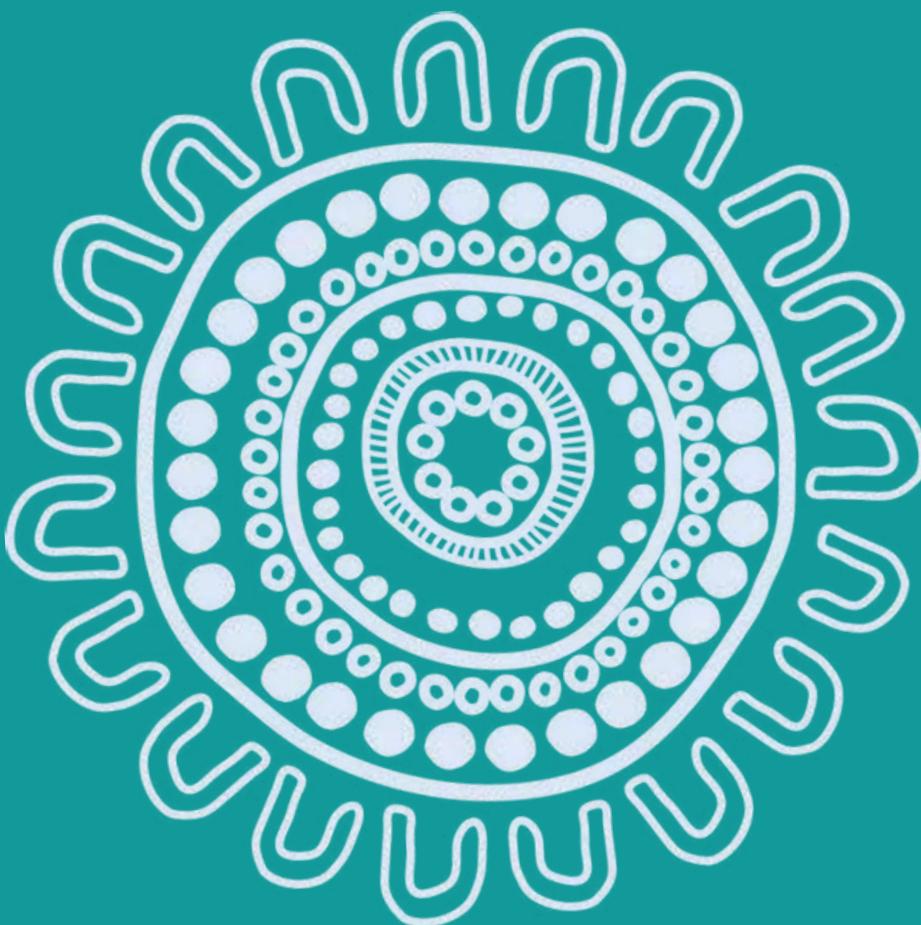
Even if you have a mammogram every 2 years, you should become familiar with the shape, feel and look of your breasts



Call your local YBB clinic to yarn about breast cancer awareness!

Symptoms of Early Breast Cancer

- Lump in the Breast or Armpit
- Inverted Nipple or Nipple Discharge
- Change in Breast Shape or Size
- Redness and Swelling of the Breast
- Breast Dimpling or Skin Texture Changes
- Breast Pain



Palliative Care

Support here at

Yulu-Burri-Ba

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Palliative care is a human right for every age and every stage. It promotes a community of care and embraces everybody as an individual. For those with prolonged and advanced stages of an illness or those with a recent, life limiting diagnosis, expert and empathetic palliative care is paramount.

What is Palliative Care?

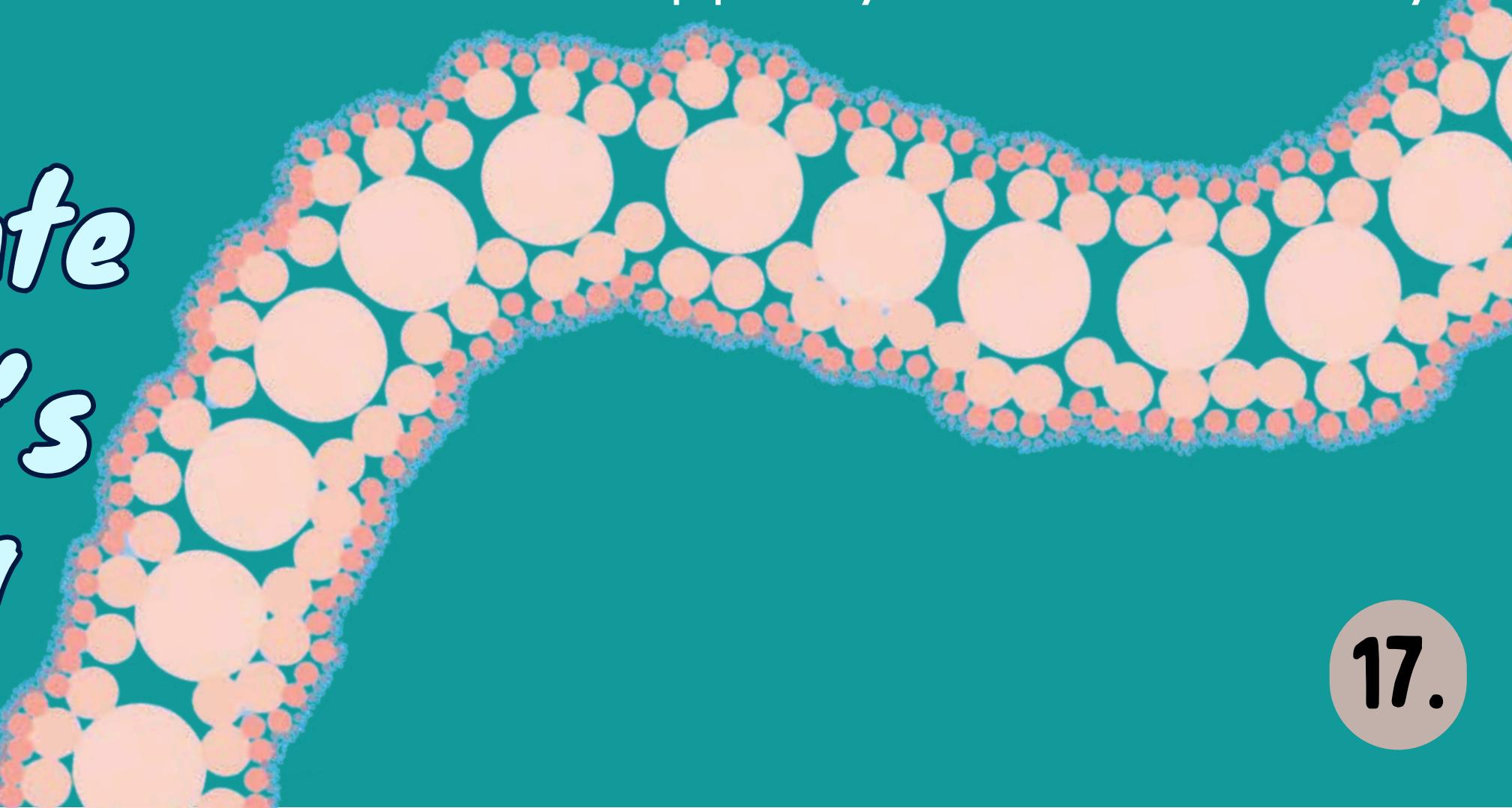
Palliative care is a medical specialty that aims to enhance the quality of life for patients facing serious, chronic, or life-threatening illnesses. It is designed to provide relief from the symptoms and stress associated with these conditions, regardless of the stage of the illness or the need for other therapies. Palliative care can be provided alongside curative treatment and is **not limited** to end-of-life care.

How can I access Palliative Support?

Yarn with one of our deadly doctors during your appointment to be referred into our program.

Kelly, our in-house Palliative Coordinator will support you the whole way.

**Compassionate
Care When It's
Needed Most!**



Facts about Palliative Care

Who Needs Palliative Care?

Palliative Care is suitable for patients of **any age** and at **any stage** of a serious illness, including **chronic diseases** like **cancer, heart failure, and dementia**. An estimated 56.8 million people worldwide need palliative care, yet only about 14% currently receive it.

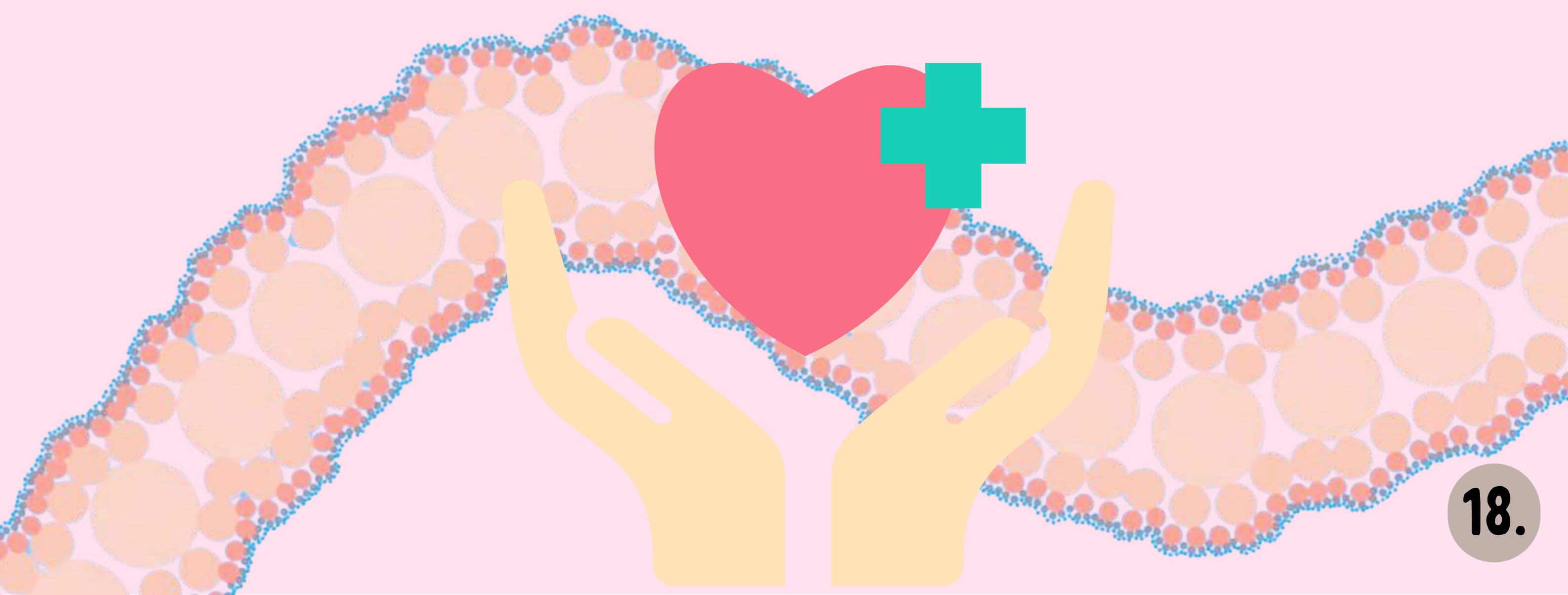
Not Just End-of-Life Care!

Unlike hospice care, which is specifically for end-of-life situations, palliative care can be **provided alongside curative treatments** and is **not** limited to terminal illnesses.

Benefits of being on Palliative Care

Early delivery of palliative care can lead to reduced hospital admissions and improved overall health outcomes.

It also provides support for caregivers, helping them manage the stress associated with caring for someone with a serious illness.



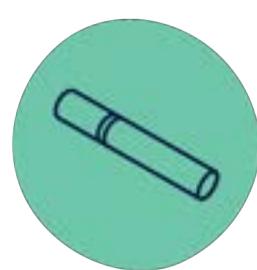
About lung screening

Who is lung screening for?

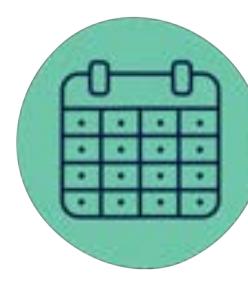
Lung screening is for people who:



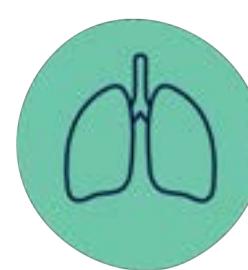
Are 50-70 years old



Currently smoke or have quit smoking in the past 10 years



Have a tobacco cigarette smoking history of 30 pack-years or more



Have no signs or symptoms of lung cancer

Your doctor, nurse or health worker will talk to you about your smoking history to see if you are eligible for lung screening.

Why is lung screening important?

Having lung screening every two years is the best way to find lung cancer early.

When lung cancer first starts, it has no symptoms.

That's why it's important to get screened, even if you feel well.

Finding lung cancer early, means doctors can usually treat it and help people get better.

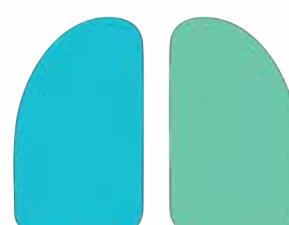
Screening is for people who don't have symptoms.

Speak to your doctor, nurse or health worker about any signs of lung sickness you might have, like:

- A new or changed cough
- Short of breath (short wind)
- Losing weight without trying

- Tired for no reason
- Coughing up blood
- Chest or shoulder pain

You might need different tests.



NATIONAL
LUNG CANCER
SCREENING
PROGRAM

The National Lung Cancer Screening Program is an Australian Government program

NACCHO



Lung
Screening

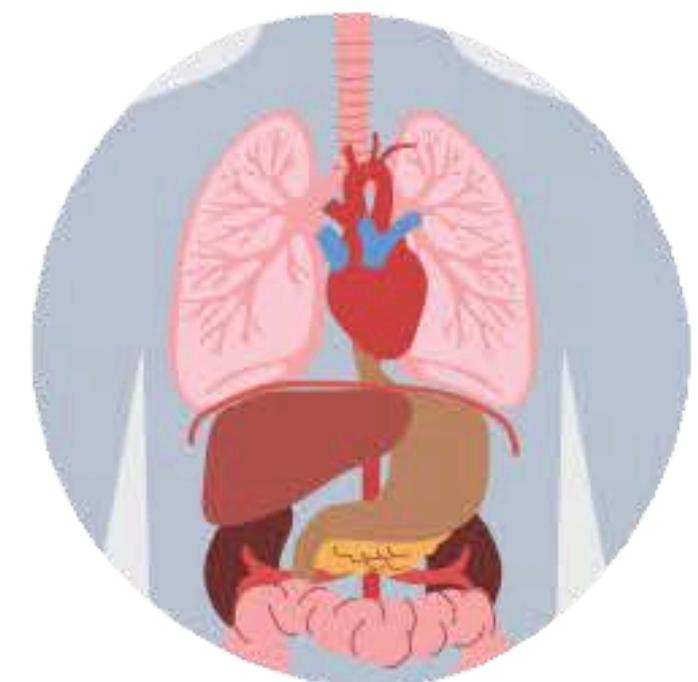
What is lung screening?

Lung screening uses a chest CT scan to check your lungs. A specialist doctor, called a radiologist, will look at the scan for early signs of cancer.

The scan can see other parts of the body too, like the neck, chest, heart and upper stomach.

Sometimes the scan might show other things you need to talk to your doctor about.

These could be in your lungs (like emphysema) or outside your lungs.



What do I need to do?

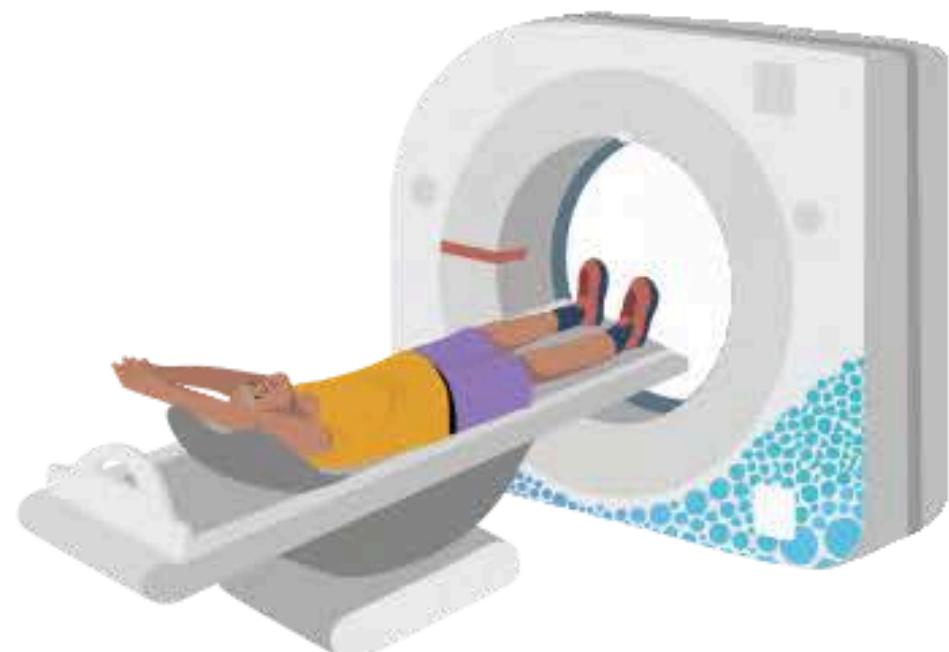
Yarn with your doctor, nurse or health worker to learn more about lung screening. You can bring a support person to any of your appointments or scans. If you and your health team decide that lung screening is right for you, your doctor will give you a referral for a free scan. Depending on where you live, a nurse practitioner can also give you a referral.

Having your scan

The scan takes about 10 minutes. It doesn't involve needles or injections and does not hurt.

Ask your clinic where you can get your free scan.

You may be able to have your scan at a radiology (x-ray) clinic, hospital or mobile screening truck if you live in a rural or remote area.



What happens after the scan?

The radiologist will write a report and send your results to your clinic/doctor after a few weeks.

Information about next steps may come from:

Your doctor, nurse or health worker

The National Cancer Screening Register (letter or text message)

HAVE FEEDBACK FOR US?

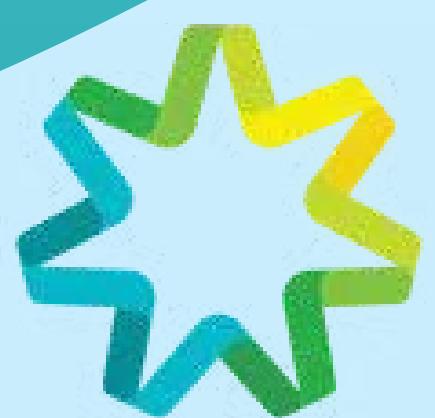
Scan the QR Code!

Or go to

<https://www.ybb.com.au/contact/feedback>



Yulu-Burri-Ba strives to provide the best service to the community. Incorporating your feedback is an important aspect that provides us with the information we need to better our services. We take all of our feedback, whether negative or positive, very seriously.



centrelink

Centerlink

Have you recently changed your name, number, address Medicare card or health care card?

If you have, it's so important you update this information with your clinic! We need your information to be correct and current to ensure we can give you the best care possible! Call your clinic and let them know about any changes straight away!

**Don't forget, your
local Straddie
Centrelink office is:**

Yulu-Burri-Ba Aboriginal Corporation for Community Health
16 Dickson Way, Dunwich 4183
Mon-Fri 9:00am - 3:30pm #3409 9596

What's coming up!

FEB

- 14th- Valentine's day
- 13th- Anniversary of National Apology Day

JAN

- 1st- New years day
- 26th- Invasion Day

MARCH

- 8th International Womens day
- 19th- Closing the Gap day

WHERE YOU FIND US



Dunwich

16 Dickson Way Dunwich, QLD 4183
Phone: (07) 3409 9596



Wynnum

85 Edith Street
Wynnum, QLD 4178
Phone: (07) 3164 5800



Capalaba

Shop 2&3/1 Finucane Road
Capalaba QLD 4157
Phone: (07) 3900 7800



Bara Ganya

7A/39 Old Cleveland Road
Capalaba, QLD 4157
Phone: (07) 3900 7870



Family Services Hub

Shop 2 & 3, 1B Finucane Road,
Capalaba QLD
PHONE (07) 3900 7880