



YULU-BURRI-BA

Aboriginal Corporation for Community Health

ANNUAL REPORT

2022 / 2023





This artwork, by Morgan Shipway is dedicated to his Grama - Lynette Shipway

Morgan's inspiration came from Lynette's commitment to her community.

Centre and foremost are the totems of the Quandamooka people - the dolphin (Buangan) and carpet snake (Kabul).

The circles represent her identity and the many roles she held and the mobilising force she was in the struggle

for better health and services for Aboriginal people.

In particular, her leadership, passion and drive which steered Yulu-Burri-Ba to the success it is today.

The white, yellow, red, and blue dots make up individual circles, representing the four AMS Board members (Yulu-Burri-Ba, Kalwyn, Kambu and Brisbane ATISCHS) who established IUIH in 2009.

Centred in these circles are white dots that signify the 19 Aboriginal Community Controlled Health Services Lynette helped to establish.

Acknowledgment to country

Yulu-Burri-Ba acknowledges the Traditional Custodians of the Quandamooka land on which we work and for many of us, live.

We pay our respects to the Elders of this land who have provided leadership and guidance for Yulu-Burri-Ba to meet the health needs of our community.

It is with pride that we recognise the strength of our community and the voice of our youth who are our leaders of tomorrow.

In memory

Lynette Shipway was Yulu-Burri-Ba's chairperson for 11 years and a member of Board of Directors from July 2008 to November 2021.

Throughout her life she advocated for increased health services, lobbied for increased government support, and promoted better health in the community.

She was a founding member and Hall of Fame recipient for QAIHC, and a founding member of IUIH and their Chairperson.

She was an active member of many organisations over the years including Minjerribah Moorgumpin Elders in Council, North Stradbroke Island Aboriginal and Islanders Housing Co-Op, where she held many roles to ensure the preservation, recording, communicating, and teaching of all people, particularly the young, about the language and culture of Minjerribah and Moorgumpin.

To our community, Lynette has been a shining light, the embodiment of what can be achieved on the sporting field and in the community with passion, hard work, and dedication.

As an organisation, we are indebted to Lynette Shipway. Her impact on the health and wellbeing of our community will never be forgotten.



MISSION

To deliver quality Primary and Social Wellbeing Health programs in a culturally safe and sensitive manner that improves the health of Aboriginal and Torres Strait Islanders.

VISION

We empower our Aboriginal and Torres Strait Islander families and community to achieve excellence in their healthcare outcomes.

VALUES

*Co-operation
Respect
Quality
Learning
Diversity
Culture*

What We Strive to Achieve

- 1. Growth + Consolidation of Services*
- 2. Culture + Branding*
- 3. Effective Financial Management*
- 4. Organisation + Employee Development*

OUR BOARD OF DIRECTORS



Greg Egert-Chairperson

Greg, also known as Uncle Cheg, has worked tirelessly for his community for over 40 years in many community health and education roles.

He is a current member of the Board of Directors for the Institute of Urban Indigenous Health.

For the past 20 years, Greg has had a close relationship with the Murri school and he is the Elder and Manager, Australian Research Council Centre of Excellence for Indigenous Futures, University of Queensland

Maureen Myers- Director

Maureen and a dedicated team of community people campaigned for many years to have a sustainable and well managed health services at Dunwich. For over 30 years, Maureen has been a Yulu-Burri-Ba Board of Director and in 2016, in recognition of her contribution to Aboriginal community-controlled health was a QAIHC Hall of Fame recipient.



Sylvan Borey-Director

Sylvan holds an associate degree in Indigenous Professional Practices.

For over thirty years, Sylvan and has worked in various roles in Aboriginal organisations and Queensland Health to improve the health and wellbeing for all Aboriginal people.

Denis Kerr- Director

Denis is an Independent Board of Director and Yulu-Burri-Ba Treasurer providing expert Corporate Governance and Financial skills to Yulu-Burri-Ba. Denis is the Group Chief Executive Officer at ABT Group which is an industry leader in providing I.T business technology solutions.



Jody Coghill- Director

Jody has worked for many years in a variety of government and non-government Aboriginal organisations. She is a former Yulu-Burri-Ba employee and now owns a successful business on the island. Jody brings a wealth of health, finance and community knowledge and experience to the Board.

MESSAGE FROM THE CHAIR

In my Annual Report for 2023, I highlight inspiring examples of Yulu-Burri-Ba's growth, based on our determination and belief that we deliver the best health and family wellbeing services to our community.

As you will see in this annual report, over the past twelve months, Yulu-Burri-Ba has had many achievements.

To meet the needs of the community, Yulu-Burri-Ba has successfully established a Youth Program at Dunwich to provide after-hours activities for youth who live on the island.

In 2023, to expand on the primary health and family services we deliver, Yulu-Burri-Ba established a Kinship and Foster Care team to help provide a home and loving care to children who are unable to live at home with their family.

The impact of these increased services has seen a growth in our client numbers, a rise in the health services we are delivering and an increase in the number of staff employed.

In response to this demand, Yulu-Burri-Ba leased a second building in Capalaba which enabled us to increase our primary health services at the Capalaba clinic and accommodate in a separate building our Family Wellbeing and Kinship and Foster Care teams. In addition, I'm pleased to advise that we are well on the way to establishing a new Family Wellbeing centre adjacent to our clinic at Dunwich.

My sincere thanks to our partners who fund our programs. Their support allows us to continue to fulfill our mission to provide better health and family services to our community.

As Chairperson I would like to acknowledge and thank the Board of Directors, Maureen Myers, Sylvan Borey, Jody Coghill and independent Director, Denis Kerr for their dedicated contribution.

I would like to commend David Collins and all the staff for their hard work and tireless efforts, without whom the achievements set out in this annual report could not have been accomplished.

Thank you to our community members for your ongoing support and resilience. I'm excited by what the future holds for Yulu-Burri-B through our growing ability to support your needs by delivering services where they are needed most.

Greg Egert
Chairperson



MESSAGE FROM THE CEO

Over the past year, Yulu-Burri-Ba's directors and staff continued to lead the way - paved by our past elders and directors - in the provision of quality health and family services to our clients throughout the region.

As you will see in this report, in 2022-23 Yulu-Burri-Ba recorded an increase in the number of clients, health checks performed, babies born in our Jajum Bajara program, community programs and events delivered.

Primary health care is the core component of Yulu-Burri-Ba's health service and often the first contact a person has with our service. To give our clients more options to see a doctor, we extended our services and introduced Saturday clinics. In addition, we undertook a campaign to reduce the number of people who did not attend appointments with electronic and phone reminders. I'm very pleased to report that DNA's have reduced but we need everyone's support to continue this downward trend.

Another focus in 2022-23 was to ensure our families stay healthy, strong, and safe. To achieve this goal, we extended our social health and youth programs and introduced a Kinship and Foster Care program. In the last 12 months our Family Wellbeing and our Social Health teams have doubled which strengthens our ability to support more families and give them the capacity to build healthy relationships with others.

It would not be possible to meet the health needs of our community without the funding bodies and stakeholders who share our vision and support our programs. My sincere thanks to Australian Government Department of Health, Queensland Health, Department of Child Safety, Youth and Women, Department of Communities, Department of Tourism, Innovation and Sport, Department of Aboriginal and Torres Strait Islander Partnerships, NACCHO, QAICH, Brisbane South PHN, Institute of Urban Indigenous Health, and our fellow Aboriginal Community Controlled Health Services.

To our Board of Directors and staff, thank you for your commitment to Yulu-Burri-Ba. It is through your efforts that the past year has been an extraordinary period of growth for our organisation.

As we head towards the significant achievement of Yulu-Burri-Ba's 30th year anniversary of incorporation in 2024, I am looking forward to leading Yulu-Burri-Ba through its next exciting chapter.

David Collins
CEO



OUR SERVICES



Psychology



*Aboriginal
Health Workers*



*Care
Coordination*



Nursing Services



Pathology



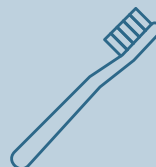
Social Health



Transport



Vaccinations



Dental



Womens Health



*Preventative Health
Checks*



Family Wellbeing



*Chronic Disease
Management*



*Smoking
Cessation*



Immunisations



OUR PROGRAMS



***'Work it out'
Exercise Program***



***Jajum Bajara
Program***



Mens Group



Women's Group



Youth Program



***Kinship and Foster Care
Program***



Senior Games



Walking Group



VISITING HEALTH SERVICES



***Accredited Exercise
Physiology***



Audiology



Cardiologist



Diabetes Education



***Speech Therapy for
Children***



***Speech Therapy
for Adults***



***Occupational
Therapist Adult/child***



Physiotherapy



Podiatry



Optometry



Dietitian



Respiratory Nurse

WHAT MADE US PROUD

*Expanding
on our
community
programs*

*Introducing
new Kinship
and Foster
Care
Program*

*Our clients
taking a
proactive
approach to
their health*

*Establishing
a Dunwich
Youth Program*

*Strengthening
our
partnerships*



*Performing more
health checks*

*Extending our
opening hours
on Saturdays*

*Opening a
new Family
Services Hub*

YULU-BURRI-BA'S CATCHMENT



SMO REPORT

I'm very proud of the GP team we have at YBB. We have grown to a 16-strong team – including 4 current Registrars training across the 3 clinics. We train registrars from both RACGP and now ACRRM (Australian College of Rural and Remote Medicine) with recent accreditation of YBB as an ACRRM Rural Generalist Advanced Skills Training location for Indigenous Health. This is an exciting opportunity for us to provide specialised education and training to Rural Generalist Practitioners who have a passion for providing culturally appropriate care within the Indigenous Health sector and wish to formalise that unique knowledge and understanding with a recognized qualification.

We have a culture of “growing our own” at YBB – and that extends to our doctors. Our registrars enjoy their time at YBB, are shown exceptional support and learning opportunities, and excel in their assessments– and have opted to join our team once they have their specialist qualifications. In this 2022-2023 year we have seen Dr Juliet, Dr Mika, Dr Joel and Dr David K all gain their fellowships and join our permanent doctor team across YBB. I think this is testament to the strong commitment YBB has to providing a supportive environment for GPs to work within – working as part of a clinical team and providing holistic care to our Community is satisfying and professionally fulfilling. In return YBB clients can have continuity of care, with low turnover of GPs and stability of local clinic teams at each YBB location.

We have supported our GPs to grow as leaders, with Dr Sofia B, Dr Frank and Dr Sophia G all being nominated by YBB and having the opportunity to complete the IUIH Clinical Leadership Program.

I want to thank Dr Sophia Gordon, who stepped up as the Acting-SMO whilst I was on Maternity Leave this year – she has risen to the challenge and her calm and positive approach to leadership has been valued by all. Knowing that we are developing our leadership capabilities will secure YBB moving forward as the clinical team continues to grow, and as we continue to grow as an organization.

I look forward to the opportunities that YBB has in front of us, for the year ahead.

*Dr Claudia Collins
MBBS FACRRM AFRACMA
SENIOR MEDICAL OFFICER*



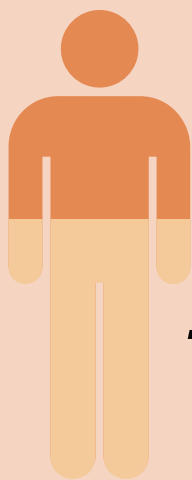
DUNWICH ACHIEVEMENTS

Our Dunwich clinic continued to provide vital health, dental and social services to the people living on North Stradbroke island (Minjerribah).

We are fortunate that our Dunwich clinic has established excellent relationships with stakeholders to ensure those living on the island receive the best health care and support services possible.

This includes our strong relationship with:

- Marie Rose Center (Qld Health) - to provide continuity of care to our community.
- Redlands Palliative Care Service (Redland Hospital) – in times of need when our clients want to stay on the island.
- Mater Pathology – as a collection point on the island to provide diagnostic information to patients and clinicians.
- Centrelink – to ensure our island residents have access to government services and support.
- Wynnnum Manly Leagues Football Club – who bring their Indigenous recognition match to the island to promote healthy lifestyles.



1345
TOTAL
CLIENTS

409
HEALTH
CHECKS

118
Aboriginal Health
Worker Consultations



27 Case
CONFERENCES

1388
Nurse Consultations



321
Care Plans,
Chronic Disease
Clients



307
Referrals to
Allied Health



630
Reviews of
Care Plans

CAPALABA ACHIEVEMENTS

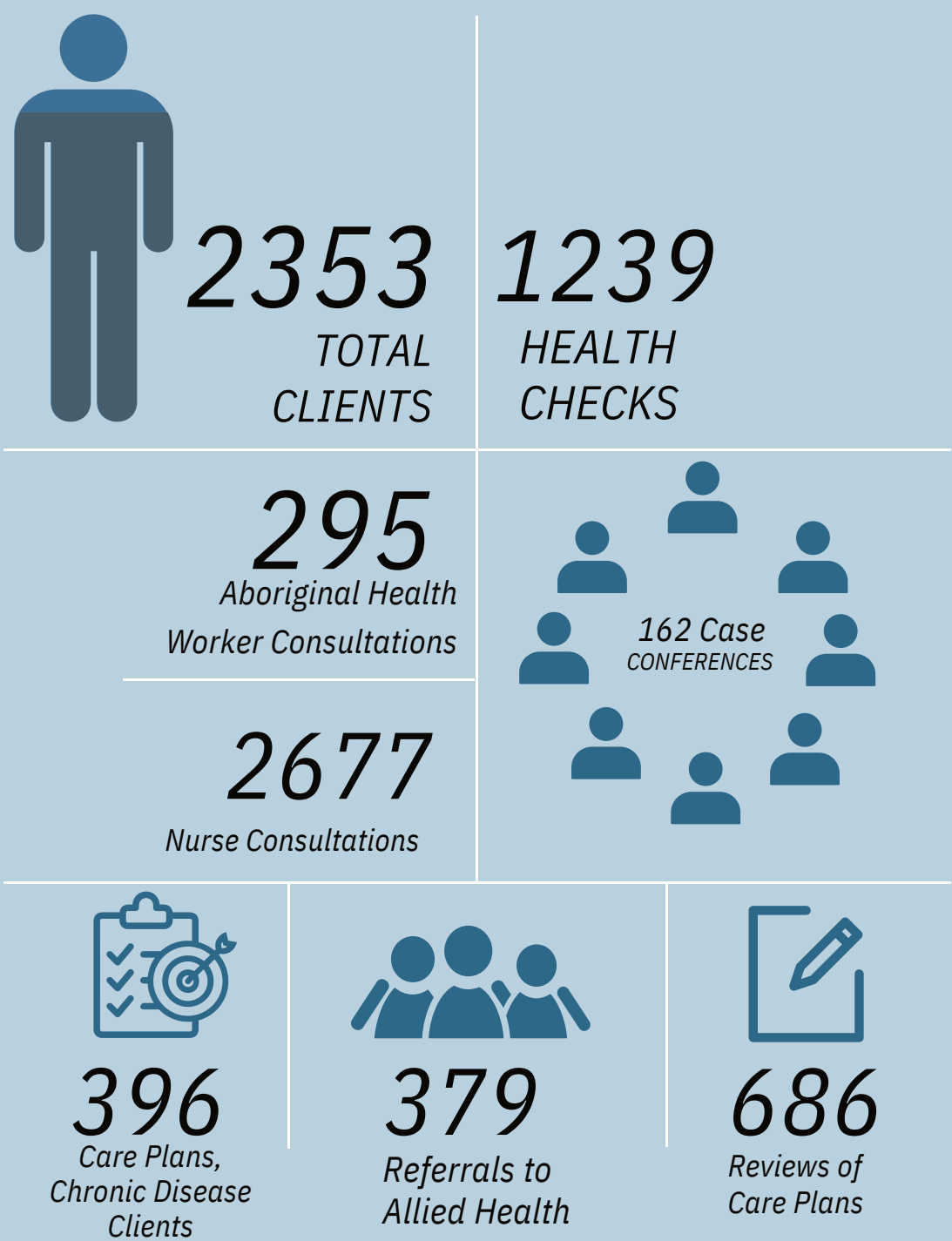
Our Capalaba clinic is our busiest clinic, and our staff work hard to meet the needs of our clients requiring primary health, dental and allied health care.

The last financial year saw a significant uptake in our clients getting the flu vaccine, getting health checks, and competing in the Seniors Games.

It's great to see our clients taking such a proactive approach to their health care.

In 2022-23, we introduced:

- Walking group – 10+ attending each week
- Men's Group - 6-10 attending
- Increased Saturday clinics from 1 to 2 a month

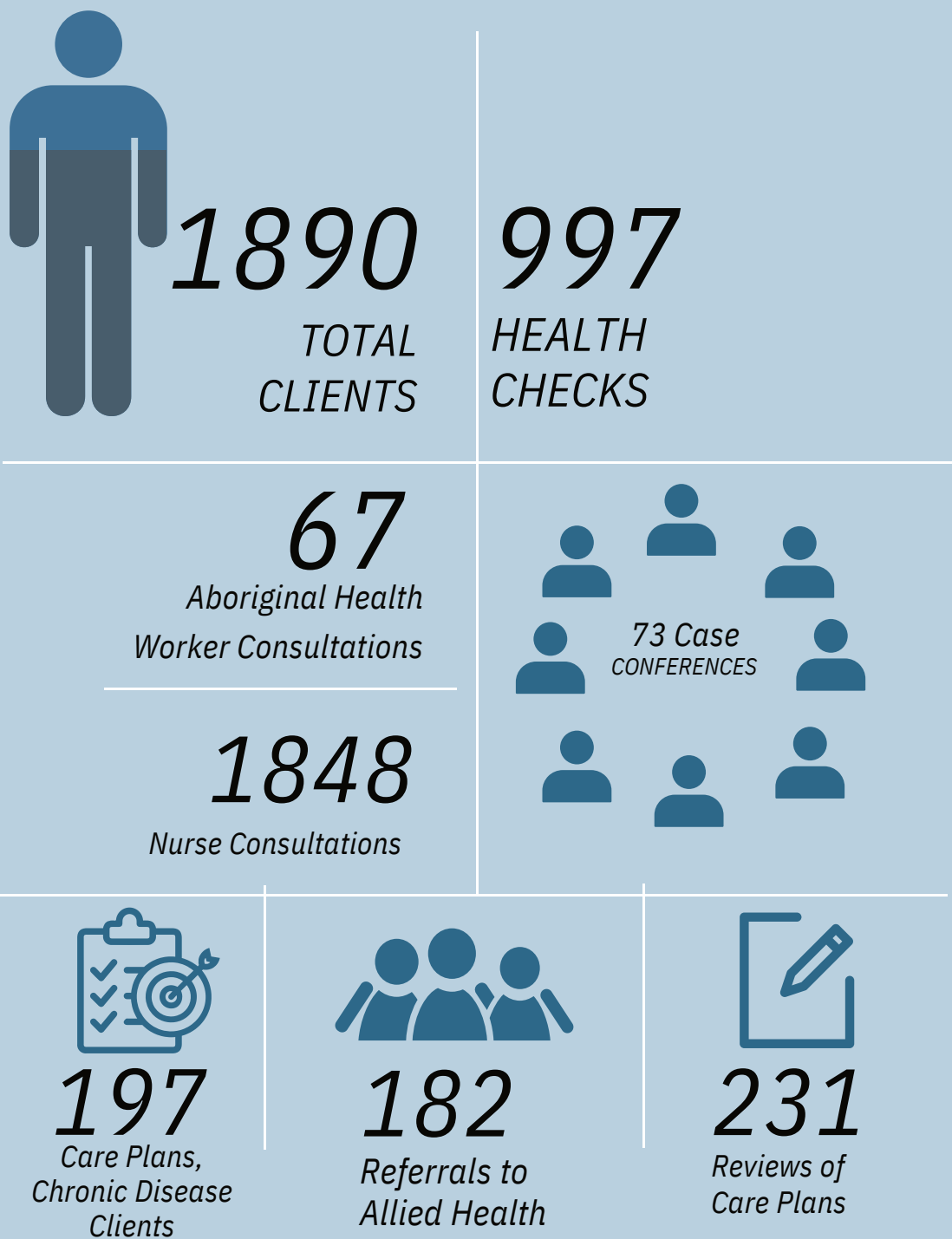


WYNNUM ACHIEVEMENTS

Our Wynnum clinic has had another successful year in cultivating relationships with our clients and supporting our community.

Not only did we receive an influx of clients with positive feedback this year, we also had the opportunity to build rapport with new and existing clients over multiple community events such as World Cancer Day and Prostate Cancer Day information sessions.

Our staff love any chance to communicate with our community face-to-face and provide knowledge on a range of health related issues.



FAMILY WELLBEING SERVICES

Yulu-Burri- Ba provides family wellbeing targeted interventions to Aboriginal and Torres Strait Islander families in the Capalaba, Cleveland and North Stradbroke Island catchment area who are facing family wellbeing challenges. These services include care coordination, counseling, and family mentoring.



SOCIAL HEALTH

Yulu-Burri- Ba's Social Health program focuses on building the capacity of individuals and families to improve functioning and well-being through ongoing, targeted, case-managed services providing targeted, evidence based, therapeutic treatment. Yulu-Burri-Ba's Social health teams helps our clients who are facing mental health challenges, struggling with relationships, or experiencing general social difficulties.



FAMILY SERVICES **ACHEIVEMENTS**

*New Child
and Youth
Counsellor*

*Introducing new
Kinship and
Foster Care
Program*

*Delivering
more Social
Health
services*

*New Child and
Youth
Psychologist*

*New Adult
Counsellor*

*Increase of
early
intervention
service*

*More Pediatric
clients*

*Getting great
feedback from
clients*

*“Helped through
tough times”*

*Doubled the
number of
famlies seen in
Family Wellbeing*

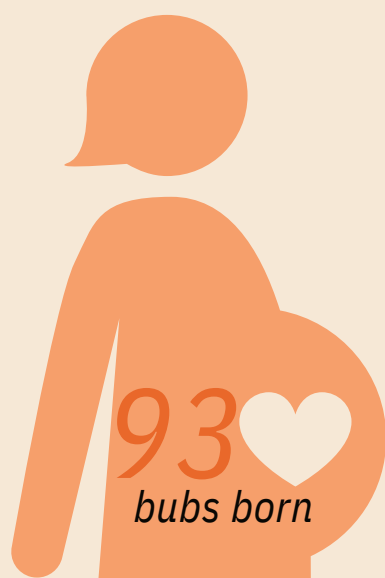


JAJUM BAJARA

Yulu-Burri-Ba's Jajum Bajara (birthing in our community) program – introduced in 2020, aims to improve outcomes for Aboriginal and Torres Strait Islander mothers and babies by developing programs which strengthen connection to culture and country.

In 2022-23 we introduced:

- Playgroup - a great space for mums to connect with other mums.*
- Deadly Fit Mums – to ensure mum stays fit and healthy.*
- Links to Deadly Dads through IUIH Birthing in our Community – to ensure the family gets all the support needed.*
- Antenatal classes – to ensure our mums have a safe pregnancy and we have healthy bubs.*



97%

Full term births

96%

Normal weight births

88%

> 5 Antenatal visits



KINSHIP & FOSTER CARE

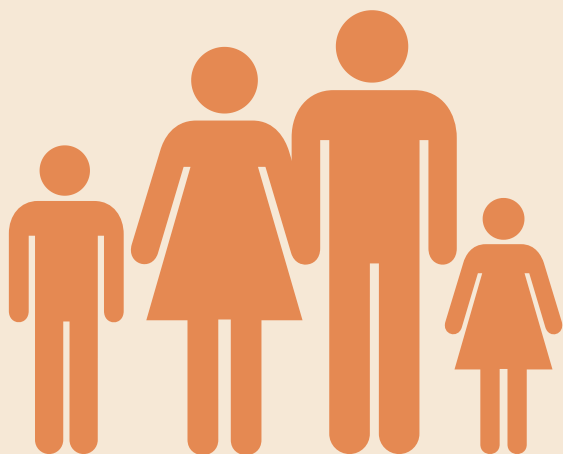
Aboriginal and Torres Strait Islander children make up only 8% of Queensland children but comprise of 42% of children in care.

In Queensland, 53% of children in residential care under the age of 12 are Aboriginal and Torres Strait Islander children (Department of Child Safety, Seniors, and Disability Services, 2022).

In 2022-23, Yulu-Burri-Ba decided to expand on the primary health and family services it delivers. With funding from Department of Child Safety, Seniors, and Disability Services, we established a Kinship and Foster Care program to help provide a secure home and loving care to Aboriginal and Torres Strait Islander children who are unable to live at home with their family.

Through our Kinship & Foster Care program, we strive to connect our Jajums, families and community to provide safe and connected, long-term care.

Our team can support kin to become carers and provides an outreach model of care. Our Finding Kin Officer helps to identify long-term kinship placements for children and young people who are not yet in the care of family members as approved carers, and to increase family connections.



15

Funded placements



OUT IN OUR COMMUNITY

*This year we held and participated in
many events
in our community!*

NAIDOC Day

YBB is the lead in coordinating the community Goompi NAIDOC events since 2018. Events this year were held at Dunwich, Capalaba and Wynnum.

Senior Games

Senior Games is a competitive sport among our Elders with training sessions held each week. Each quarter our Elders from Dunwich, Capalaba and Wynnum meet up to compete. There is a regional battle against all the other member services twice a year.

Community Christmas Party

For many years YBB has celebrated our community and youth at the end of the year with a community Christmas party with water slides, Santa and plenty of food for the mob!

Quandamooka Jarjum's Camp

Again in 2022, YBB partnered with Dunwich State School to ensure our year six students successfully transition into high school. Other year six students, based on Quandamooka country, join for the cultural celebration.

Flu clinic promotion

We held very successful flu clinics prior to winter with many of our clients getting their flu vaccination. A total of 294 flu vaccinations were given to YBB clients during the 1-week promotion.



Men's Group

Men's Shed has been run for many years to provide a safe space for our men to go and yarn. Many projects such as garden beds and bike repairs have come out of this valuable group. The men are well known in the community for their generous volunteering at community events.



Women's Group

Up to twenty women regularly come along weekly to our Women's Group which has been run for many years.



Murri Carnival

The 2022 Queensland Murri Rugby League Carnival was held at the Redcliffe Dolphins Moreton Daily Stadium.

Yulu-Burri-Ba sponsored junior and senior teams in the competition. They're all our YBB clients, from across the Quandamooka region.



Wynnum Manly Seagulls Game

Again this year, we have partnered with the Wynnum Seagulls to hold the Host Plus Cup games on the Island alongside the Straddie Sharks club. This is a successful and big day out for the entire community.



Men's Yarning Day

25 men attended our men's yarning day to yarn about some of the health issues that affect men, including Diabetes, Bowel Screening Awareness, Mental Health and more.



Walking Group

At Dunwich we hold twice weekly walking group sessions and weekly group sessions at Capalaba, helping our community to stay healthy and active.

YOUTH PROGRAM

21
excursions

OUTCOMES

- *Contact with over 100 youth in the community*
- *Life promotion (reduction of at risk behaviours, education)*
- *Increased engagement with YBB health services*
- *Youth led, community co-designed and culturally appropriate social supports*
- *Opportunities for participation in physical activities after school*
- *Successful youth in our community*
- *Growing our own*
- *Safe space and people for youth to turn to*
- *Good news stories!*

YOUTH TESTIMONIALS

“That was fun, this is what we needed. Instead of sitting at home doing nothing.” (Context: Out on Country, playing in the sand dunes at Back Beach)

“I like that they do fun activities with us.”

“I wouldn’t have gone to this appointment without you.”

“This is so deadly; we love hanging out. Canay is so kind and cares for us.”

“Can I stay for a bit longer? I only get out of the house when I’m with you.”
(Context: Weekly walks on Country with Young Person)

53
participants



Yulu-Burri-Ba's Family Wellbeing service supported an adolescent to re-engage and attend High School after a long period of non-engagement.

Workers collaborated with Dept of Child Safety and the school stakeholders to support enrolment and transition the young person back into education. Workers initially supported the family with transport before supporting mum to take over and to continue to re-engagement with education.

Mum has continued to support their transition to school and has been able to provide intermittent transport.

I joined the Work-it-Out program to lose weight and have an operation. I was able to lose 100kg and I was able to have my operation.

This is mainly because I had regular contact with a physio, doctors, and the exercise physiologists. This program saved me. It has given me a new life. I had the continuous support of Yulu-Burri-Ba and the new friends I gained along the way.

For the community, it means we have healthier and happier people, if they can access this program and stick to it, it will improve their life and help them live longer.

-Dunwich Clinic

Good news stories

When I was 16/17 years, I didn't have much of an idea about the direction I wanted to go and I didn't complete year 11 and year 12.


I ended up getting a job at the island's CDEP, which was a work for the dole program and thanks to Aunty Denise Coghill for advocating for me, I started in working in Yulu-Burri-Ba's community programs. I then moved to a position as a Medical Receptionist with Alexis Bell, which I loved. What made me feel proud was - I was now employed and no longer was working for the dole.

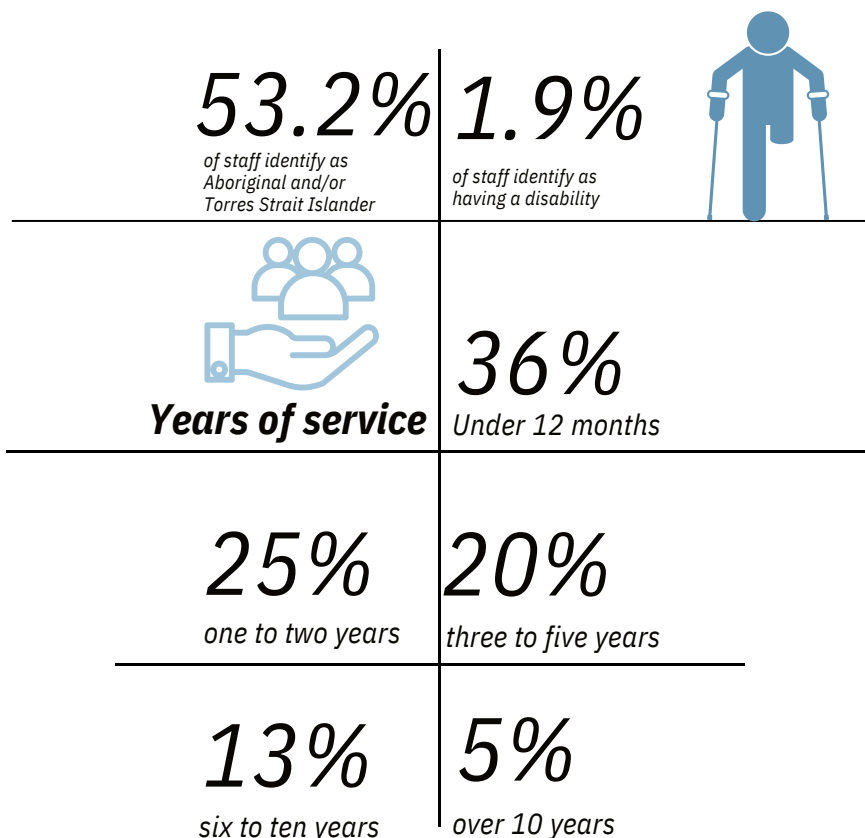
Over the past 17 years, I have raised three children and I have tried to balance work, community and family and continue to grow as a person. Through opportunities offered to me by Yulu-Burri-Ba, I have worked in the HR team and achieved a Cert IV in business majoring in HR, acted managerial roles and found confidence in my abilities. I have continued to study and I'm half way through my study for a Bachelor of Business degree. The experience I have gained since working at Yulu-Burri-Ba and by furthering my education has led me to my current role as Practice Manager at the Dunwich clinic. At times it has been a tough juggle and a struggle, but with the support of my family and Yulu Burr-Ba and my community, I am very proud of my achievements.

I love my job because I'm working in my own community for my own mob and mean so much to me.

Tia Kaden-Borey

HUMAN RELATIONS

At Yulu-Burri-Ba we have total staff, **109** resulting in a
increase in the past year **0.6%** 




QUALITY CONTROL

Awarding accreditation to a health service organisation provides
assurance to the community that the organisation meets expected
patient safety and quality standards.

Current accreditation:



WORKPLACE HEALTH & SAFETY

 **24**
psychology sessions
provided to staff
through our EAP

2 
REPORTABLE
WORKPLACE
HEALTH AND
SAFETY
INCIDENTS

TRAINING & DEVELOPMENT

100%
of staff have
completed their
*mandatory training

100%
of staff have
completed *best
practice training

4.59%
of staff have
studied during their
employment with YBB

33.03%
of staff have participated
in professional
development training for
their role

*Mandatory training includes CPR, First Aid, Cultural Awareness, Fire Safety Advisor training, Code of Conduct, Emergency Evacuation Drills, Hand Hygiene and Infection Control (Clinical and Non-Clinical), Patient Manual Handling, WH&S Advisor Safety Chief Warden training, Privacy and Confidentiality Training, COVID-19 Infection Control and COVID-19 training.

*Best Practice training includes Aboriginal and Torres Strait Islander Mental Health First Aid, Defensive Driving training, Food Safety training, child restraints, wheelchair procedure, Job Fit Assessments, Duress Alarm, Fraud and Anti-Corruption training, Implanon training, Respiratory training and Spirometry training.



MARKETING AND COMMUNICATIONS



Newsletters

4 *published*

130 *subscriptions*



Website

14,028 *Website visits*



Instagram

533 *followers*

108 *new followers*

499 *page visits*

542 *people reached*



Facebook

2,898 *followers*

5,634 *page visits*

21,065 *people reached*

PARTNERSHIPS

This past year we continued to develop and cultivate our many partnerships with other organisations in our region.





Capalaba

Shop 2&3/1
Finucane Road
Capalaba QLD 4157
Phone: 07 3900 7800
Fax: 07 3900 7899



Dunwich

16 Dickson Way
Dunwich QLD 4183
Stradbroke Island
Phone: 07 3409 9596
Fax: 07 3409 9417



Family Services

7A/39 Old
Cleveland Road
Capalaba QLD 4157
Phone: 07 3900 7870



Wynnum

85 Edith St
Wynnum QLD 4178
Phone: 07 3164 5800
Fax: 07 3164 5801