



march | april | may

# YULU-BURRI-BA

*Aboriginal Corporation for  
Community Health*

## National Reconciliation Week 2022

Do you know what National  
Reconciliation week is all about?

also in this edition...

### SATURDAY CLINICS

Domestic &  
Family Violence  
Prevention Month



National Reconciliation Week begins on the anniversary of the 1967 Referendum - 27 May and ends on Mabo Day - 3 June. Reconciliation is about the coming together of Indigenous Australians and the wider Australian population to acknowledge the mistakes of the past and collaborate for a better future. Even though National Reconciliation Week is only 7 days out of the year, it is vital that we practice reconciliation all year round to make an actual difference.



@YuluBurriBa



@YuluBurriBa



@YuluBurriBa

## MESSAGE FROM THE CEO - DAVID COLLINS

Reconciliation Week is a very important calendar event for all Australians and a significant time for Aboriginal and Torres Strait Islander people.

Reconciliation can mean many things to many people but to me, it means building better relationships between Aboriginal and Torres Strait Islander people and the wider Australian community. One way this can be achieved is by learning about our shared histories, cultures, and achievements.

To start the Reconciliation conversation, I would like to share with you Yulu-Burri-Ba's history and achievements over the past 38 years.

### Our Story

Yulu-Burri-Ba Aboriginal Corporation for Community Health is very proud of the health and family services we deliver on North Stradbroke Island and in Brisbane Bayside suburbs.

In 1984, medical services began on North Stradbroke Island with a doctor and a nurse making weekly visits to Dunwich at the Dunwich Hall.

While these services initially started to meet the health needs of Aboriginal people living on the island, the Dunwich clinic also welcomes non-Indigenous clients.

Since those early days, Yulu-Burri-Ba's health and family services have rapidly grown.

With the realisation of the need for expansion to the mainland, Yulu-Burri-Ba opened a second clinic at Capalaba in November 2011.

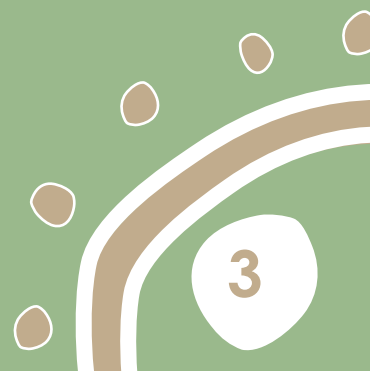
To achieve our goal to continue to improve access to comprehensive primary health and family care services in our region, in January 2016, Yulu-Burri-Ba opened a further clinic in Wynnum.

While Yulu-Burri-Ba may have started with 1 doctor and a nurse, we now have a staff of close to 100 people, providing culturally safe and a comprehensive range of bulk-billed medical, social, family wellbeing, allied health, and visiting medical specialist services. To see a full list of our services, go to our website [www.ybb.com.au](http://www.ybb.com.au), click on 'Medical Services' tab under the 'Services & Programs' drop-down menu.

Yulu-Burri-Ba now supports over 5000 clients with health and family services, and we are exceptionally proud of the achievements we have made over the years.

To our stakeholders, community members and Aboriginal, Torres Strait Islander and non-Indigenous clients, I hope we can continue strengthen our relationships and together make a more just, equitable and reconciled Australia.

David Collins  
CEO





## OUR ACKNOWLEDGEMENT TO COUNTRY

We here at Yulu-Burri-Ba would like to acknowledge the custodians of the Quandamooka land in which we have the pleasure to work on.

We pay our respects to the elders of this land, past, present and emerging. We recognise what a privilege it is to be able to build our business on country, and practice the traditions and beliefs established by the Quandamooka people.

Yulu-Burri-Ba is also grateful for the many Quandamooka employees we are very fortunate to work with us. They continue to teach us and help us in protecting the culture, land and heritage of our beautiful home.



# Telehealth

Yulu-Burri-Ba is encouraging our clients to use our new telehealth services whenever possible.

## What is Telehealth?

Telehealth is a great way to access healthcare by using a phone or video call to yarn with your doctor or any of your health care providers.

## What services are available through telehealth?

Almost all clinic services are available through Telehealth, including the following routine appointments:

- Discuss test results and post-op care
- Yarn with the social health team
- Discuss management of chronic diseases
- Allied Health appointments
- And much more!

If you are not sure if Telehealth is the right thing for you, just ask when you call your clinic to book your next appointment.

## What do I need?

To get started, you will need a device that is connected to the internet e.g. a mobile phone, laptop, or tablet. If you have booked a video consult, you will need a device with a camera. If you're not sure whether you have the right device, ask your clinic for assistance.

## Attending your appointment using Telehealth

Four easy steps to start your Telehealth appointment:

1. Find a quiet room with good lighting and make sure you've connected to the internet
2. Click the link in the email or SMS you received from the clinic
3. Enter your name and phone number when prompted
4. Wait for the doctor to arrive and start your appointment



# SATURDAY CLINICS

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## CAPALABA

First Saturday of each month

8:30 AM - 12:30 PM

GP & vaccination  
appointments available

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## WYNNUM

Second Saturday of each month

8:30 AM - 12:30 PM

GP & vaccination  
appointments available

...

## DUNWICH

Third Saturday of each month

8:30 AM - 12:30 PM

GP & vaccination  
appointments available

## GET BOOSTED

We are administering COVID vaccination boosters at our clinics for eligible clients.

You can book for a booster shot if you:

- Haven't been positive for COVID recently
- Had your 2nd COVID vaccination over 3 months ago
- Are over 17 years old



## Are you COVID positive?

A lot of mob are testing positive for COVID – if you are one of them, don't let isolation make you feel alone!  
You aren't!

Our clinic teams are here to provide support, information and assistance during this difficult time.

Just call your clinic and book with the covid pathway GP when you receive a positive test result.

**NSI: 3409 9596**

**CAP: 3900 7800**

**WYN: 3164 5800**

# Why vaccinate children aged 5-11 years against COVID-19?

Children aged 5-11 years represent around 8% of all COVID infections, but only a very, very small proportion of hospitalisations – and those who are hospitalised are mostly there for monitoring and do not have severe disease. That said, children with underlying conditions are still vulnerable, and rarely – otherwise healthy children may become unwell.

In summary – COVID (including omicron) infections are common but severe illness is rare. There is good reason though to vaccinate, with both direct and indirect benefits:

## DIRECT BENEFITS:

1. SARS-Cov-2 infections, hospitalisations and deaths due to COVID-19
  - Modelling studies indicate that vaccinating young children will have a considerable effect on reducing COVID-19 hospitalisations, ICU admissions and death in the overall population
  - Vaccination of 5 to 11 year old children is likely to reduce the risk of hospitalisation and death in this age group specifically but is hard to quantify the effect, given sincere disease in this age group is rare
2. Paediatric inflammatory multi-system syndrome temporally associated with SARS-CoV-2 (PIMS-TS) is a rare but very serious condition associated with COVID-19 in children. It occurs in around 1:3000 children in the weeks after a COVID-19 infection. Vaccination reduces the risk of COVID infection and the occurrence of this COVID-related syndrome.
3. Post-acute COVID-19 syndrome

(PACS) or “Long COVID” – although this syndrome appears to be much less common in children, there is insufficient data to know for sure what long-term effects COVID infection will have on children

## INDIRECT BENEFITS:

Vaccination of children in this age group reduces the risks associated with:

- School closures as part of public health measures
- Disruption to extra-curricular and social activities
- Parents needing to be absent from work
- Isolation of children and their families

## Pfizer COVID Vaccine for children 5-11 years – Safety Data

- The Pfizer COVID vaccine for children aged 5-11 years was trialled with around 3,500 children in this age group, with no serious adverse events and generally mild reactions to the vaccine
- Roll-out in the USA commenced in November – by January 2022, over 8 million children have been vaccinated, with the profile of side effects and adverse events very similar to that in the trials. There have been 11 reported myocarditis / pericarditis events following vaccination (i.e. around 1 per 100,000), all recovered.
- AusVaxSafety tracks adverse events following vaccination. 57,000 post-vaccination surveys over the first 3 weeks of the Australian vaccine roll-out reported generally milder side effects after vaccination than for teenagers and adults



# What are the benefits of longer or shorter time intervals between the two doses of Pfizer vaccine for children aged 5-11 years?

Benefit / risk	What's known?	So... 3 or 8 weeks?
<b>Build up immunity more quickly</b>	2 doses give much greater protection than one and a shorter time interval gets you there quicker. A shorter interval could reduce the speed and volume of spread in the community.	Recommended for those at highest risk needing protection earlier (children with underlying immunosuppression or chronic conditions) AND should be considered in the context of an outbreak
<b>Immunity will be stronger and longer lasting</b>	In adults, there is evidence that immunity is more robust and longer lasting with a longer dosing interval i.e. 8-12 weeks. BUT – this may not be the same in young children, who appear to have a stronger immune response to the vaccine than adults. The Pfizer trials in children of this age were conducted with a 3 week dosing interval.	Jury is out...
<b>Myocarditis / pericarditis risk</b>	In young adults, there is some evidence that a longer dosing interval may be associated with a lower risk of myocarditis / pericarditis. However, myocarditis / pericarditis is rare and usually follows a benign course. Further, there were no cases identified in 5-11 year olds in Pfizer trials and only 11 cases following 8m doses of Pfizer vaccine in 5-11 year olds to date (1:100,000) in the USA. Myocarditis / pericarditis are also known complications after COVID infection itself	Jury is out...
<b>Workload and prioritisation of vaccine effort</b>	A longer dosing interval buys some time to direct workforce and vaccination effort to get primary courses completed and boosters into arms of those who are at highest risk of severe disease	An important consideration ONLY if the availability of vaccinators is a rate- limiting factor and we're not able to meet all potential vaccine demand

## References:

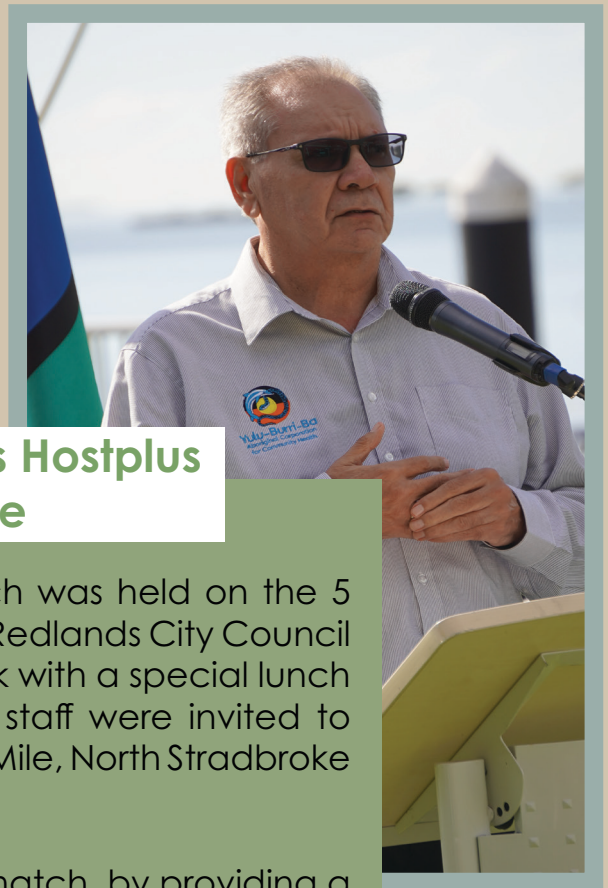
Commonwealth Department of Health – Clinical Recommendations for COVID vaccines  
 Queensland Health – COVID vaccination information for children and young people  
 NCIRS – The COVID-19 vaccine for 5-11-year-olds explained - TGA safety report – 13th January 2022 - Australian AusVaxSafety Pfizer COVID-19 Vaccine Safety Data – Child Participants January 2022  
 Guidance on myocarditis and pericarditis after mRNA COVID vaccination - US CDC COVID vaccine safety report in children aged 5-11 years

# Lately...

## Redland City Council Supports Hostplus Cup Game on Straddie

Leading up to the Hostplus Cup Game, which was held on the 5 June this year, on North Stradbroke Island, The Redlands City Council commemorated National Reconciliation week with a special lunch for those involved. Yulu-Burri-Ba's Board and staff were invited to attend this lunch at the Little Ships Club at One Mile, North Stradbroke Island.

The council announced their support for the match, by providing a \$9000 sponsorship. They acknowledged their ongoing partnership with Yulu-Burri-Ba and Deadly Choices, and the importance of fostering healthy outcomes in Indigenous Communities, through events such as the Hostplus Cup Game.



## Seagulls Return!

On Sunday 5th June, Ron Stark Oval hosted the Hostplus Cup Game between the Wynnum Manly Seagulls and the Central Queensland Capras.



The match was part of the Indigenous Recognition Round and National Reconciliation Week, with a goal to promote better health in our community.

The Seagulls may not have brought home a win, but the event was still a success for mob, who celebrated a day full of health-focused fun, deadly games and culture.

Each year, on the 26th May, we commemorate National Sorry Day and remember the Stolen Generations and their families. It's a time to acknowledge the strength of Indigenous Australians, who have survived so much since colonisation and remain a strong and proud people.

National Sorry Day was first observed in 1998, a year after the 'Bringing Them Home' report was tabled, where the idea of an 'unreserved apology' was mentioned. It wasn't until 2008, that the then Prime Minister, Kevin Rudd, made the formal apology on behalf of the Australian Government to the Stolen Generations.

# NATIONAL SORRY DAY

Now, every year, Australians are given the chance to acknowledge the past and be a part of the healing in the future.

**How can you participate and show your support for Indigenous Australians this year?**

- Attend a Flag-Raising event
- Host a morning tea or lunch to encourage discussion around the topic
- Educate yourself - read up on what happened to the Stolen Generations and learn their stories

# 1967 Referendum

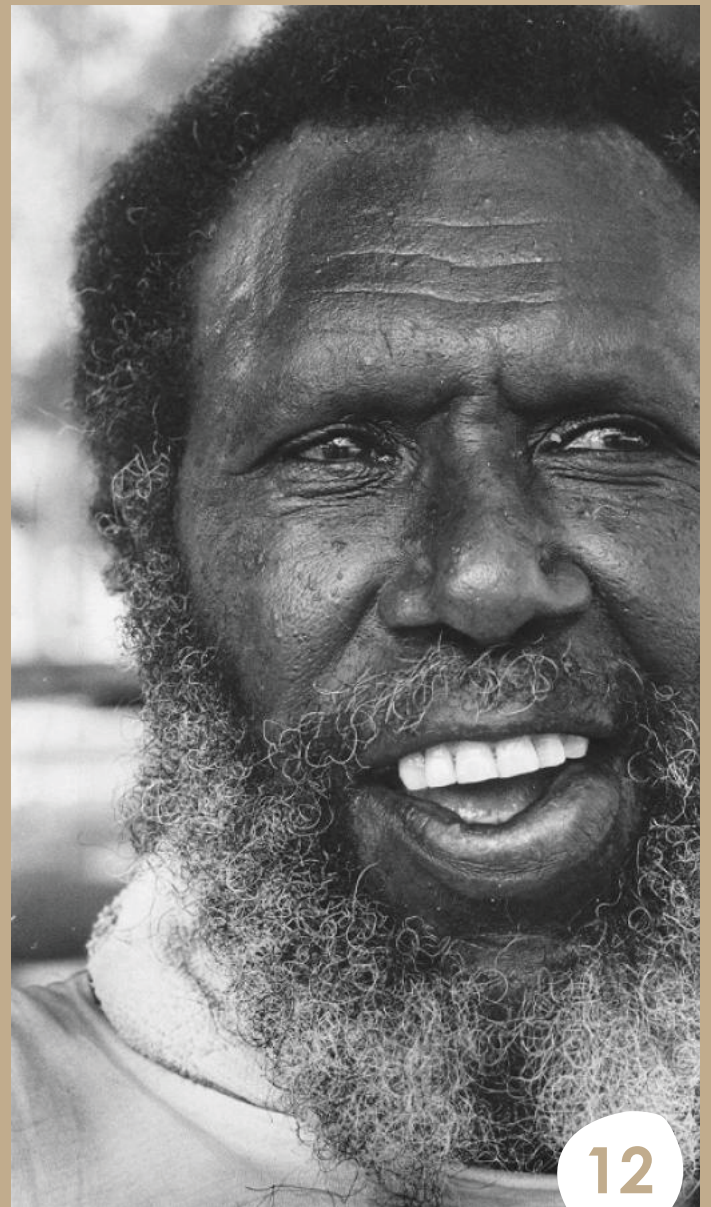
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The 1967 Referendum was a historical day for Indigenous Australians, when we were finally counted in the Census by altering the Australian Constitution. Prior to this, Aboriginal and Torres Strait Islander's were considered as 'flora and fauna' under the law. This meant the Indigenous Australians had almost no rights under the law.

## Mabo Day

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In 1992, Eddie Mabo lead a group of activists on a journey to secure Indigenous Australians their land right, by claiming that the legal declaration that Australia was terra nullius at the time of colonisation, was false. The term terra nullius means 'land belonging to no one' and allowed the British colonisers to 'legally' claim the land as belonging to the Queen. The High Court of Australia decided that terra nullius should not have been applied to this situation, and that Indigenous Australian's did and continue to have rights to their lands.





# International Nurses Day

International Nurses Day is celebrated around the world every May 12, the anniversary of Florence Nightingale's birth.

It is a day where the nursing profession is front and centre and recognised for their commitment to caring for people in all health care settings.

After a long and disaster filled two years, it is fitting that the nurses receive the recognition they truly deserve.

The Nursing profession can be very challenging. Nurses see the highs and lows and the beginning and end of the life cycle.

So, to our Nurses and all Yulu-Burri-Ba staff who support our Nurses – THANK YOU.



An illustration of a woman with dark hair, wearing a green long-sleeved shirt and pink pants, sitting on the floor with her hands covering her face in a distressed or crying pose. Behind her is a large, dark grey shadow of a hand reaching down towards her. The background is a light pink wall with a red shelf holding several books. A small framed picture on the wall shows a couple in formal attire.

# Domestic and Family Violence Awareness Month

May was Domestic and Family Violence Awareness Month

Domestic and Family Violence (DVF) can be a very sensitive and private subject, which means not many people, particularly men, talk about their experiences openly.

However, it is unfortunately a wide reaching community issue.

It can happen to anyone despite their gender, age, culture, socio-economical group or sexual orientation.

DVF can range from coercive control, verbal abuse, emotional and psychological abuse, isolation, intimidation, spiritual abuse, financial abuse and more.

Everyone - every mother, father, sister, brother, child, parent, uncle, aunty or grandparent - deserves to feel safe and loved inside of their home.

If you or someone you know is maybe experiencing Domestic or Family Violence, there is a range of help out there.



**Yulu-Burri-Ba  
Family Wellbeing Team  
Capalaba: 3900 7800  
Wynnum: 3164 5800  
Dunwich: 3409 9596**

**The Centre for Women and Co.  
3050 3060**

**DV Connect  
1800 811 811**

**Lifeline  
13 11 14**

**1800 Respect  
1800 737 732**

**In the case of an Emergency  
000**

## Have You Had Your Health Check?

A health check is an examination of your current state of health, carried out by one of our deadly Nurses or Aboriginal Health Workers and a Doctor. The aim of the health check is to help find, prevent or lessen the effect of health issues. It's like getting a car serviced before it breaks down. It's better to avoid disease than to treat it.

What can a health check involve?

- Updating your medical history and examining your health issues
- Performing tests like checking your blood pressure, blood sugar levels and an eye check
- A follow up if required and referrals to any other health specialists like Dietician, Dentist, and Podiatrist to name a few
- Advice and information on how to improve your health

All eligible clients who complete their health check also receive a Deadly Choices shirt!

Give us a call at one of our clinics to book in for your health check.





# WE LOVE FEEDBACK

*Yulu-Burri-Ba strives to provide the best service to the community. Incorporating your feedback is an important aspect that provides us the information we need to better our services. We take all of our feedback, whether negative or positive very seriously.*

*Are you a Social & Family Wellbeing service client? Take our survey (<https://www.surveymonkey.com/r/SZML7KT>)*

## HOW TO MAKE A COMPLAINT

- *Firstly speak to the Manager or Supervisor, which can often*
- *Resolve most problems effectively and in a timely manner, as well as helping to identify ways that we can improve in the future.*
- *You may also ask for a 'Complaints and Grievance' form which can be filled in and handed back in.*
- *After speaking with a Manager or Supervisor, you can also contact our Clinical Services Manager by email [hr@ybb.com.au](mailto:hr@ybb.com.au) or call us on 07 3409 9596 or write to us at PO 154 Dunwich QLD 4183.*

*If you wish to take the matter further and feel you need to discuss the matter outside of the surgery there are several options available including the:*

- *The Complaints Unit at The Department of Child Safety,*

*Youth and Women by email [feedback@csyw.qld.gov.au](mailto:feedback@csyw.qld.gov.au), or by phone 1800 080 464, or by post at Locked Bag 3405, Brisbane Qld 4001*

- *Medical Registration Board of Australia (Australian Health Practitioner Regulation Agency), The State or Territory Manager, AHPRA, G.P.O. Box 9958, In your capital city 1300 419 495*
- *Australian Medical Association, PO Box 123, Red Hill, QLD 405, (07) 3872 2222, [amaq@amaq.com.au](mailto:amaq@amaq.com.au)*
- *Office of the Health Ombudsman* OR
- *Contact us Yulu-Burri-Ba Aboriginal Corporation for Community Health PO Box 154 Dunwich QLD 4183 P (07) 3409 9596 E [hr@ybb.com.au](mailto:hr@ybb.com.au). Please address all emails & post to the relevant program you are contacting us*

## READ OUR PRIVACY POLICY AND DISCLAIMER

[www.ybb.com.au/privacy-policy-disclaimer/](http://www.ybb.com.au/privacy-policy-disclaimer/)



COVID-19 Care in the  
Community

**1800 254 354**

## What is Mob Link?

Mob Link is a service that was created during the pandemic by IUIH to support mob in SEQ by linking you to the services you need.

## Mob Link can help by linking you to:

- Support navigating the hospital system
- Health and social services
- COVID care support services such as:
  - o Booking community events to discuss COVID
  - o Booking vaccination events
  - o Booking an appointment to be vaccinated at an AMS
  - o Organise care for someone who has contracted COVID
  - o Organise support for mob experiencing hardship due to isolation

**DON'T FORGET,  
YOUR LOCAL  
CENTRELINK  
AGENT IS:**

Yulu-Burri-Ba  
Aboriginal  
Corporation for  
Community Health

16 Dickson Way  
Dunwich 4183

MON - FRI  
9AM - 3:30PM



**Have you recently changed your name, number, address  
medicare card or health care card?**

If you have, it's so important you update this information with  
your clinic!

We need your information to be correct and current to ensure  
we can give you the best care possible!

Call your clinic and let them know about any changes  
straight away!



# What's coming up?

## JUNE

- 1 - 30 Bowel Cancer Awareness Month
- 3 Mabo Day
- 5 World Environment Day
- 8 World Oceans Day
- 13 - 19 Mens Health Week

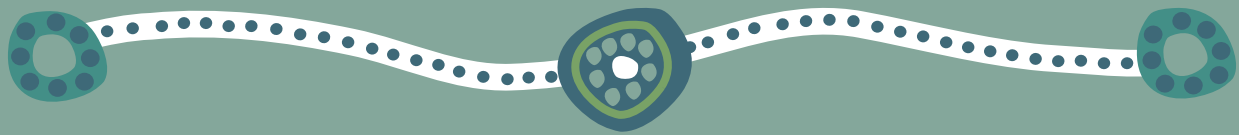
## JULY

- 3 - 10 NAIDOC Week
- 10 - 16 National Diabetes Week

## AUGUST

- 1 - 7 Dental Health Week
- 4 National ATSI Children's Day
- 9 International Day of the World's Indigenous People
- 26 Daffodil Day





## You can find us at



### DUNWICH

**16 DICKSON WAY,  
DUNWICH QLD  
4183  
(07) 3409 9596**



### CAPALABA

**SHOP 2/1  
FINUCANE ROAD,  
CAPALABA QLD  
4157  
(07) 3900 7800**



### WYNNUM

**85 EDITH STREET,  
WYNNUM QLD  
4178  
(07) 3164 5800**

### OPENING HOURS

**M: 8:30 TO 4:30  
T: 8:30 TO 4:30  
W: 8:30 TO 4:30  
T: 8:30 TO 4:30  
F: 8:30 TO 4:30**

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