



# YULU-BURRI-BA

*Aboriginal Corporation for  
Community Health*

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NEWSLETTER ONLINE  
[www.ybb.com.au](http://www.ybb.com.au)

## MESSAGE FROM THE CEO

These past few months have brought some changes into our clinics with most of our clinic teams transitioning to work from home.

With the peak of COVID-19 cases sweeping through Queensland, making these changes with our staff movements was vital in keeping our community, clients, and staff safe as possible.

Now, with a new year, we are seeing positive shifts that mean we are slowly transitioning back to normal. I am looking forward to seeing our clinics returning to the way they used to be as soon as it is safe to do so.

In the meantime, stay safe and look out for mob by booking in to get your COVID-19 vaccination booster.



## OUR ACKNOWLEDGMENT TO COUNTRY

We here at Yulu-Burri-Ba would like to acknowledge the custodians of the Quandamooka land in which we have the pleasure to work on.

We pay our respects to the elders of this land, past, present and emerging. We recognise what a privilege it is to be able to build our business on country, and practice the traditions and beliefs established by the Quandamooka people.

Yulu-Burri-Ba is also grateful for the Quandamooka employees we are fortunate enough to have with us, who continue to teach us and help us in protecting the culture and land of this beautiful place.



@YuluBurriBa



@YuluBurriBa



@YuluBurriBa

# Our clinic's look a little different . . . but we are still open!

To ensure we are keeping our staff and community as safe as possible, we have made a few changes. You may notice we only have a handful of workers in our clinics – a GP, a nurse, a receptionist, a concierge and a transport officer. The rest of our clinic team are working from home.

This way, if a COVID positive clients visits one of our clinics and the clinic team need to isolate, we have others who are able to step

in and keep that clinic open.

We are here for our community and we will do everything we can to keep our clinics running during this time.

However, this does mean you may have some trouble getting a hold of our receptionists. If you are, please be patient with us! If we don't answer your call, please call us again later! We are still here to help.

# TELEHEALTH

Yulu-Burri-Ba is encouraging our clients to use our new telehealth services whenever possible.

## What Is Telehealth?

Telehealth is a great way to access healthcare by using a phone or video call to yarn with your doctor or any of your health care providers.

## What services are available through telehealth?

Almost all clinic services are available through Telehealth, including the following routine appointments:

- Discuss test results and post-op care
- Yarn with the social health team
- Discuss management of chronic diseases
- Allied Health appointments
- And much more!

**If you are not sure if Telehealth is the right thing for you, just ask when you call your clinic to book your next appointment.**

## What do I need?

To get started, you will need a device that is connected to the internet e.g. a mobile phone, laptop, or tablet. If you have booked a video consult, you will need a device with a camera. If you're not sure whether you have the right device, ask your clinic for assistance.

## Attending your appointment using Telehealth

Four easy steps to start your Telehealth appointment:

1. Find a quiet room with good lighting and make sure you've connected to the internet
2. Click the link in the email or SMS you received from the clinic
3. Enter your name and phone number when prompted
4. Wait for the doctor to arrive and start your appointment

# Are you COVID positive?

A lot of mob are testing positive for COVID – if you are one of them, don't let isolation make you feel alone! You aren't!

Our clinic teams are here to provide support, information and assistance during this difficult time.

Just call your clinic and book with the covid pathway GP when you receive a positive test result.

# GET BOOSTED

We are now administering COVID vaccination boosters at our clinics for eligible clients.

You can book for a booster shot if you:

- Haven't been positive for COVID recently
- Had your 2nd COVID vaccination over 3 months ago
- Are over 17 years old

Vaccinations for jajums aged 5-11 years old are available now at our clinics

With school back, it is important that we keep our children as safe as possible and in turn - our community!

# Why vaccinate children aged 5-11 years against COVID-19?

Children aged 5-11 years represent around 8% of all COVID infections, but only a very, very small proportion of hospitalisations – and those who are hospitalised are mostly there for monitoring and do not have severe disease. That said, children with underlying conditions are still vulnerable, and rarely – otherwise healthy children may become unwell.

In summary – COVID (including omicron) infections are common but severe illness is rare. There is good reason though to vaccinate, with both direct and indirect benefits:

## DIRECT BENEFITS:

1. SARS-Cov-2 infections, hospitalisations and deaths due to COVID-19

- Modelling studies indicate that vaccinating young children will have a considerable effect on reducing COVID-19 hospitalisations, ICU admissions and death in the overall population

- Vaccination of 5 to 11 year old children is likely to reduce the risk of hospitalisation and death in this age group specifically but is hard to quantify the effect, given sincere disease in this age group is rare

2. Paediatric inflammatory multisystem syndrome temporally associated with SARS-CoV-2 (PIMS-TS) is a rare but very serious condition associated with COVID-19 in children. It occurs in around 1:3000 children in the weeks after a COVID-19 infection. Vaccination reduces the risk of COVID infection and the occurrence of this

COVID-related syndrome.

3. Post-acute COVID-19 syndrome (PACS) or “Long COVID” – although this syndrome appears to be much less common in children, there is insufficient data to know for sure what long-term effects COVID infection will have on children

## INDIRECT BENEFITS:

Vaccination of children in this age group reduces the risks associated with:

- School closures as part of public health measures
- Disruption to extra-curricular and social activities
- Parents needing to be absent from work
- Isolation of children and their families

## Pfizer COVID Vaccine for children 5-11 years – Safety Data

- The Pfizer COVID vaccine for children aged 5-11 years was trialled with around 3,500 children in this age group, with no serious adverse events and generally mild reactions to the vaccine

- Roll-out in the USA commenced in November – by January 2022, over 8 million children have been vaccinated, with the profile of side effects and adverse events very similar to that in the trials. There have been 11 reported myocarditis / pericarditis events following vaccination (i.e. around 1 per 100,000), all recovered.

- AusVaxSafety tracks adverse events following vaccination. 57,000 post-vaccination surveys over the first 3 weeks of the Australian vaccine roll-out reported generally milder side effects after vaccination than for teenagers and adults



# What are the benefits of longer or shorter time intervals between the two doses of Pfizer vaccine for children aged 5-11 years?

Benefit / risk	What's known?	So... 3 or 8 weeks?
<b>Build up immunity more quickly</b>	2 doses give much greater protection than one and a shorter time interval gets you there quicker. A shorter interval could reduce the speed and volume of spread in the community.	Recommended for those at highest risk needing protection earlier (children with underlying immunosuppression or chronic conditions) AND should be considered in the context of an outbreak
<b>Immunity will be stronger and longer lasting</b>	In adults, there is evidence that immunity is more robust and longer lasting with a longer dosing interval i.e. 8-12 weeks. BUT – this may not be the same in young children, who appear to have a stronger immune response to the vaccine than adults. The Pfizer trials in children of this age were conducted with a 3 week dosing interval.	Jury is out...
<b>Myocarditis / pericarditis risk</b>	In young adults, there is some evidence that a longer dosing interval may be associated with a lower risk of myocarditis / pericarditis. However, myocarditis / pericarditis is rare and usually follows a benign course. Further, there were no cases identified in 5-11 year olds in Pfizer trials and only 11 cases following 8m doses of Pfizer vaccine in 5-11 year olds to date (1:100,000) in the USA. Myocarditis / pericarditis are also known complications after COVID infection itself	Jury is out...
<b>Workload and prioritisation of vaccine effort</b>	A longer dosing interval buys some time to direct workforce and vaccination effort to get primary courses completed and boosters into arms of those who are at highest risk of severe disease	An important consideration ONLY if the availability of vaccinators is a rate- limiting factor and we're not able to meet all potential vaccine demand

## References:

Commonwealth Department of Health – Clinical Recommendations for COVID vaccines  
 Queensland Health – COVID vaccination information for children and young people  
 NCIRS – The COVID-19 vaccine for 5-11-year-olds explained - TGA safety report – 13th January 2022 - Australian AusVaxSafety Pfizer COVID-19 Vaccine Safety Data – Child Participants January 2022  
 Guidance on myocarditis and pericarditis after mRNA COVID vaccination - US CDC COVID vaccine safety report in children aged 5-11 years

# OUR YBB TEAM IS GROWING

The past 6 months we have been fortunate enough to recruit a handful of new employees, during a time that has been tough for those hiring and looking for a job. Yulu-Burri-Ba is grateful for the opportunities we get to provide for our community and we hope that everyone gives them the warm welcome they deserve!

- Kara-Marlee Burchell (*medical receptionist*)
- Dr Natalie Edgar (*general practitioner*)
- Sharon Hemetsberger (*child health nurse*)
- Sara Mann (*medical receptionist*)
- Kiara Mazzoni (*medical receptionist*)
- Cheleita McDonald (*enrolled nurse*)
- Cheyenne Mitchell (*medical receptionist*)
- Tatiana Monteiro (*policy adviser*)
- Peter Trudgian (*finance officer*)
- Julie Dixon (*family support worker*)
- Sarah Hickey (*registered nurse*)
- Jarla Murdoch (*Jajum Bajara project manager*)

# GP REGISTRARS PROGRAM

For many years, Yulu-Burri-Ba has provided specialised General Practitioner (GP) training to Doctors in our GP Registrar Program.

Our GP Registrars receive an excellent opportunity to work in a busy, yet supportive environment which focuses on improving the lives of Aboriginal and Torres Strait Islander people.

## What is a GP Registrar?

- A GP Registrar is a fully qualified medical Doctor, who has studied at university and obtained a medical degree.
- They have completed a 1-year internship at a recognised hospital where they have rotated through different departments.
- Following general registration with the Medical Board of Australia, they have completed at least 1-2 more years of training as a hospital-based Resident before entering a specialist GP training program.
- In the Specialist GP training program, they undertake at least 2 years of advanced training to specialise in General Practice.
- Once GP Registrars complete their final exams, they are fully-fledged specialist General Practitioners.

Yulu-Burri-Ba is very proud to have welcomed and farewelled many brilliant, caring doctors in the GP Training Program. This was certainly the case in 2021 with Dr Madelyn Loadsman (Capalaba clinic) and Dr Juliet Smith (Wynnum clinic). As a required component of their training program, they have rotated on to other practices to broaden their general practice experience and complete their specialist training. We wish them the best of luck with the next stage of their training.

Yulu-Burri-Ba has an impressive history of supporting GP Registrars to work at Yulu-Burri-Ba whilst they are training to become General Practitioners. Dr Anil, Dr Amy, and Dr Sofia (Capalaba and NSI clinics) all started their careers with Yulu-Burri-Ba as GP Registrars – transitioning to specialist GP positions once their training was completed. We hope we can continue to support more GP Registrars into the future, who will in turn help to grow our GP specialist team at YBB.



This year, we had 4 GP Registrars join our teams across the clinics. To help our clients get to know them, we asked them a few questions.



Dr Jason Dobson  
Capalaba

**1. Why were you interested in working with YBB?**

I've worked all across Australia, and I have always enjoyed meeting new people and learning from communities new to me. I love the way YBB has a large amount of different health providers all working together to achieve the best health outcomes.

**2. What are your interests outside medicine?** I enjoy fitness and exercise, spending time with my partner and my dog, and getting out to the beach when I can.

**1. Why were you interested in working with YBB?**

I was interested in working with YBB as I wanted to improve my knowledge and clinical experience of Indigenous medicine. Other registrar colleagues have also recommended YBB to me as a great place to work.

**2. What are your interests outside medicine?** Outside medicine I enjoy spending time with my growing family, cooking, travelling and swimming.



Dr Nerissa Naidoo  
Wynnum



Dr Veronica Kelly  
Capalaba

**1. Why were you interested in working with YBB?**

I enjoy helping my patients and the community achieve their best health outcomes and I feel YBB both encourages and achieves this. This approach to holistic care for our patient's and community is what made me interested in working at YBB.

**2. What are your interests outside medicine?** Outside medicine I enjoy taking my young family on adventures exploring South-East Queensland, enjoying the Beach, reading books, staying fit and healthy.

**1. Why were you interested in working with YBB?**

I wanted to be able to work and help look after the community I am apart of.

**2. What are your interests outside medicine?** Getting out and about in the bush and at the beach.



Dr Mika Arai-Coupe  
Dunwich

# **Jajum Bajara Womens Support Group**

Our Jajum Bajara Womens Support Group is up and running! If you are a mother in our Jajum Bajara Program you can now attend!

**Fridays 10am - 12pm**

**online via microsoft teams or zoom,  
until it's safe to come together  
face-to-face**

Join the support group to:

- receive current and relevant information to assist you on your pregnancy journey
- grow support networks
- get referrals for support and assistance as needed for you and your families
- increase your cultural and community connection

If you are interested in joining the Jajum Bajara program, call our clinic and talk to someone in the Jajum Bajara team to see if you are eligible.

## WE LOVE FEEDBACK

*Yulu-Burri-Ba strives to provide the best service to the community. Incorporating your feedback is an important aspect that provides us the information we need to better our services. We take all of our feedback, whether negative or positive very seriously.*

*Are you a Social & Family Wellbeing service client? Take our survey (<https://www.surveymonkey.com/r/SZML7KT>)*

### HOW TO MAKE A COMPLAINT

- *Firstly speak to the Manager or Supervisor, which can often*
- *Resolve most problems effectively and in a timely manner, as well as helping to identify ways that we can improve in the future.*
- *You may also ask for a 'Complaints and Grievance' form which can be filled in and handed back in.*
- *After speaking with a Manager or Supervisor, you can also contact our Clinical Services Manager by email [hr@ybb.com.au](mailto:hr@ybb.com.au) or call us on 07 3409 9596 or write to us at PO 154 Dunwich QLD 4183.*

*If you wish to take the matter further and feel you need to discuss the matter outside of the surgery there are several options available including the:*

- *The Complaints Unit at The Department of Child Safety,*

*Youth and Women by email [feedback@csw.w.qld.gov.au](mailto:feedback@csw.w.qld.gov.au), or by phone 1800 080 464, or by post at Locked Bag 3405, Brisbane Qld 4001*

- *Medical Registration Board of Australia (Australian Health Practitioner Regulation Agency), The State or Territory Manager, AHPRA, G.P.O. Box 9958, In your capital city 1300 419 495*
- *Australian Medical Association, PO Box 123, Red Hill, QLD 405, (07) 3872 2222, [amaq@amaq.com.au](mailto:amaq@amaq.com.au)*
- *Office of the Health Ombudsman* OR
- *Contact us Yulu-Burri-Ba Aboriginal Corporation for Community Health PO Box 154 Dunwich QLD 4183 P (07) 3409 9596 E [hr@ybb.com.au](mailto:hr@ybb.com.au). Please address all emails & post to the relevant program you are contacting us*

### READ OUR PRIVACY POLICY AND DISCLAIMER

[www.ybb.com.au/privacy-policy-disclaimer/](http://www.ybb.com.au/privacy-policy-disclaimer/)



# HAVE YOU HAD YOUR HEALTH CHECK?

A health check is an examination of your current state of health, carried out by one of our deadly Nurses or Aboriginal Health Workers and a Doctor. The aim of the health check is to help find, prevent or lessen the effect of health issues. It's like getting a car serviced before it breaks down. It's better to avoid disease than to treat it.

## What can a health check involve?

- Updating your medical history and examining your health issues
- Performing tests like checking your blood pressure, blood sugar levels and an eye check
- A follow up if required and referrals to any other health specialists like Dietician, Dentist, and Podiatrist to name a few
- Advice and information on how to improve your health



All eligible clients who complete their health check also receive a Deadly Choices shirt!

Give us a call at one of our clinics to book in for your health check.



COVID-19 Care in the Community

1800 254 354

## What is Mob Link?

Mob Link is a service that was created during the pandemic by IUIH to support mob in SEQ by linking you to the services you need.

## Mob Link can help by linking you to:

- Support navigating the hospital system
- Health and social services
- COVID care support services such as:
  - o Booking community events to discuss COVID
  - o Booking vaccination events
  - o Booking an appointment to be vaccinated at an AMS
  - o Organise care for someone who has contracted COVID
  - o Organise support for mob experiencing hardship due to isolation

## What's coming up...

### MARCH

Hearing Awareness Week  
**1-7**

World Greatest Shave  
**10-14**

National Close the Gap  
Day **17**

### APRIL

World Health Day **7**

World Immunisation  
Week **24-30**

World Day for Safety and  
Health at Work **28**

Good Friday **15**

Easter Saturday **16**

Easter Sunday **17**

Easter Monday **18**

### MAY

World No Tobacco Day  
**31**

National Sorry Day **26**  
Anniversary of the 1967  
Referendum **27**

Reconciliation Week  
**27-3**

## DON'T FORGET, YOUR LOCAL CENTRELINK AGENT IS:

Yulu-Burri-Ba Aboriginal  
Corporation for  
Community Health

16 Dickson Way Dunwich  
4183

Have you recently  
changed your name,  
number, address, medicare  
card or health care card?

If you have, it's so important  
you update this information  
with your clinic!

We need your information to  
be correct and current  
to ensure we can give  
you the best care  
possible!

Call your clinic and let  
them know about any  
changes straight  
away!



# WHERE CAN I FIND YULU-BURRI-BA?



## DUNWICH

16 DICKSON WAY,  
DUNWICH QLD  
4183  
(07) 3409 9596

## CAPALABA

SHOP 2/1 FINUCANE  
ROAD,  
CAPALABA QLD 4157  
(07) 3900 7800

## WYNNUM

85 EDITH STREET,  
WYNNUM QLD  
4178  
(07) 3164 5800

## DUNWICH

M: 8:30 TO 4:30  
T: 8:30 TO 4:30  
W: 8:30 TO 4:30  
T: 8:30 TO 4:30  
F: 8:30 TO 4:30

## CAPALABA

M: 8:30 TO 4:30  
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## WYNNUM

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